

FYTO & NUTRI SUPPLEMENTS

COMPENDIUM 2009



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3. Pathology and scientific domains

Dear Doctor,
Dear Pharmacist,
Dear Partner.

Since 1996 Vitafytea is one of the leading companies in Belgium on the food supplements market for human use. From the beginning it was obvious that Vitafytea was a brand for the professional in the health sector. Vitafytea is a high quality brand of food supplements, applicable in the daily practice of a physician. Our field of application spreads out from support of medical treatment to prevention in order to boost our health.

Since 5 years the company invested a lot into quality assurance, for that reason Vitafytea in not only conform to GMP but also to several food regulations. The company is very proud of being the first in Europe with a triple certification (of our whole process) ISO 9001, version 2000, ISO 22000 and HACCP (Hazard analysis critical control points). Due to these expanded quality measurements you can trust on the fact that Vitafytea products are safe to use and that they are active products.

In the next few years we will upgrade our brand with some registered pharmaceutical products based on phyto- en nutria- ingredients. Several registration files are already submitted to the general board of pharmaceutical products. For other products clinical trials are in preparation. All these procedures need some time, but can be realised thank to your cooperation, for this we would like to thank you.

We also want to thank you for the trust that you have in our company and we would like to for fill our duty to the community by producing and selling high dosed honest food supplements.

Yours faithfully,

The Vitafytea team.



This compendium contains information about the main food supplements of the Vitafytea label and is intended for professional practitioners.

1. Introduction

Vitafytea originated in 1996: “vita” stands for life and “fytea” refers to the Greek word phyton, meaning plant.

This surveyable file as drawn up by pharmaceutically and medically trained people with many years of experience and the information provided was gathered on the basis of –among other things- the practical experience of medics and paramedics. Each product fiche was drawn up carefully and describes the properties of each food supplement or its ingredients, founded with the most recent scientific studies from renowned journals and books. This compendium will be adapted regularly depending on the whether products are renewed or new scientific studies are published.

Quality

Vitafytea products are fully-fledged and high quality food supplements made according to the strictest and safest standards. It was clear what Vitafytea products needed to meet from the day the brand came into being!

Vitafytea products must meet the following criteria:

- Safety
- Effective composition
- Stable formulation
- Justified price/quality ratio
- Medically/pharmacologically/toxicologically sound

To be able to realise this on a continuous basis Vitafytea opted for production in accordance with strict regulations.

Good Agriculture Practices (GAP)

This system ensures the optimisation of the quality of our primary raw materials so our products meet European Pharmacopoeia norms concerning pesticides, heavy metals, genetic manipulation, etc.

Good Manufacturing Practice (GMP)

This system, the applicable norm in the drugs industry, ensures that, among other things, what we claim is in fact in the product and that we offer the same and constantly standardised quality product year after year.

Despite the fact that our natural active raw materials are not always the same, the product you purchased will always be equally active thanks to our balanced standardisation.

Hazard Analysis and Critical Control Point (HACCP)

This system, standard in the food industry, guarantees safety for your protection. The system guarantees the consumer's protection against possible influences the product can undergo due to mistakes in formulation, production and/or use of the product.

Good Distribution Practices (GDP)

This system, the norm in the distribution of drugs, ensures optimal storage and distribution of quality products in order to ensure the product's and distribution's quality.

These norms are checked by various independent certification organisations. Vitafytea is therefore proud to be considered as one of the top quality companies in the safe food supplement industry.

To be able to serve you an effective and constant product year after year, all our people guarantee quality alongside these quality systems.

Ingredients

The food supplements described do not contain:

- Genetically modified organisms (GMOs)
- Saccharine (sucrose) (except Acerola + C 500)
- Glucose (dextrose) (except Acerola + C 500)
- Gluten (except Fyto Tranquil and Vasco Drain)
- Synthetic preservatives

The products mentioned sometimes contain:

- Natural flavourings
- Natural colouring agents

Instructions for use

If twice daily ingestion is described this means: one dose in the morning and a second dose in the evening. For a three times daily posology this means: one dose in the morning, one in the afternoon and one in the evening.

This compendium clearly describes when to take the supplement. The described food supplements should preferably be taken before meals.

Use for children

Unless described otherwise, the following guidelines must be met:

- Children aged two to six: 1/3 of the indicated posology
- Children aged six to 12: 1/2 of the indicated posology
- Children older than 12: the indicated posology

There is no data concerning the use for children younger than two according to current scientific references.

Use for diabetics

We dissuade the ingestion of Acerola + C 500 for diabetics as it contains sugar (dextrose). Be careful ingesting certain supplements: e.g. Omega 3-6-9 and Epa Forte, as taking these preparations may slow down the absorption of glucose.

If applicable, advice or warnings applying to diabetics are described in the “safety measures” section.

Unwanted effects

Vitafytea’s food supplements have been put together carefully and are usually well tolerated when taking the recommended dose. However, some people are oversensitive to certain vegetable ingredients and/or nutrients. If this is the case, it is recommended to no longer use the supplements based on plants and/or nutrients the person reacts to. If possible side effects of certain ingredients are known, this is mentioned in the “unwanted effects” section.

Pregnancy and lactation

In accordance with general medical practice the products are not recommended without medical advice. In each product fiche we provide advice regarding use during pregnancy and lactation.

General

The products described can be taken, except for in serious life-threatening, physiological disorders.

Indications for storage

Always keep out of reach of children. Always store the product in the box in a dry place, at room temperature and away from direct sunlight.

2. VitaFytea product list

Composition

1 tablet/lozenge contains:

- Vitamin C (ascorbic acid).....500 mg
- Malpighia punicifolia.....40 mg
- Standardised acerola extract*
- Bioflavons complex.....20 mg

Excipients:

sucrose (sweetener) – maltodextrine (filling agent) – dextrose (sweetener) – calciumstearate (lubricant) – silicium-dioxide (filling agent) – tricalcium-phosphate (filling agent) – natural flavours

Does not contain preservatives, lactose, gelatine or gluten

2.1 Acerola + C 500

Field of application

Acerola + vit C 500 can be used to support the treatment and prevention of:

- a cold
- virus – induced respiratory infections
- vitamin C deficiency of smokers

Description

Acerola + vit C 500 is a well-absorbed source of vitamin C (bioflavonoids!). Vitamin C is a cofactor for making neurotransmitters, collagen and carnitin. It is recommended during pregnancy and lactation. Vitamin C is also useful for viral colds and COPD (smoker's lung). Thanks to the addition of tricalcium phosphate the vitamin C of this lozenge will not affect dental enamel and is well tolerated in the gastrointestinal tract.

Plus points

- contains bioflavones which act as a protection of vitamin C and stimulate a better absorption
- enjoyable taste (child friendly) and user – friendly (tablet with 2 breaking layers)
- contains a standardised Acerola extract, a natural source of vitamin C

Recommended use

¼ to 6 tablets per day before meals as prescribed.

Galenic form

Tablets/lozenge with double breaking layer

Additional product information



Composition

1 tablet contains:

Citrates 100 mg of which:

Potassium.....	92 mg
Sodium.....	61 mg
Calcium.....	16 mg
Magnesium.....	10 mg
Manganese.....	200 µg
Iron.....	95 µg

Excipients:

cellulose (filling agent) - magnesium stearate (lubricant) – maltodextrine (filling agent)

Does not contain preservatives, lactose, gelatine, flavours, saccharose or gluten

2.2 Acid drain

Field of application

Acid Drain can be used to support the treatment of:

- the maintenance of a good acid – base balance
- the maintenance of flexible muscles and joints
- gout
- lower backache
- the temporisation of souring muscles during exercising

Description

Acid Drain contains basic citrate to create and preserve a good acid-base balance in the body, namely via neutralisation of metabolic acids (= deacidification of the body). Such an approach is useful in the treatment of chronic low back pain and osteoporosis, in the prevention of kidney stones and uric acid crystal development (in the event of gout), and muscle acidification (in sportsmen).

Plus points

- basic citrates are made by our own body
- no bicarbonates: to avoid flatulence and belches
- little sodium: to avoid hypertension and a rebound effect
- user – friendly: tablets to swallow (no powder)

Recommended use

2 to 4 tablets per day (between meals) or as prescribed. Acute: till 10 tablets per day. It is advised to drink a lot of water (min 1,5L) during a cure. It is also advised to follow a cure of 1 month twice per year. Eat less acid forming food during a cure (fish, meat, poultry, eggs, shellfish, cheese, cereals, salt)

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

Harpagophytum procumbens.....	300 mg
<i>Devil's Claw (root) dry extract</i>	
<i>standardised on 2,5% of harpogosides</i>	
Angelica sinensis.....	200 mg
<i>Angelica (root) dry extract</i>	
Ribes Nigrum.....	200 mg
<i>Black Current (leaf) dry extract</i>	
Cnicus benedictus.....	80 mg
<i>Blessed Thistle (flower) dry extract</i>	

Excipients:

cellulose (filling agent) – silicium dioxide
(filling agent) – magnesiumstearate
(lubricant) – hydroxypropyl-
methylcellulose (filling agent) – titan
dioxide (colour agent) – lactose (filling
agent) – talc (filling agent) – glycerine
(lubricant).

*Does not contain preservatives, gelatine,
flavours, saccharose or gluten*

2.3 Artriophyt Forte

Field of application

Artriophyt Forte can be used to support the treatment of:

- painful muscles
- painful joints
- rheumatic arthritis
- chronic arthritis
- inflammatory complaints

Description

Artriophyt Forte is used in for arthrosis and arthritis. Artriophyt Forte has anti-inflammatory (devil's claw, blackcurrant leaf, Chinese angelica and blessed thistle), cartilage protecting (devil's claw, blackcurrant leaf), as well as soothing characteristics. The inflammation can be caused by overburdening muscles, tendons or joints (e.g. during intensive sport), repeated identical movements (RSI, tennis elbow, working at a conveyor belt) or various types of rheumatism.

Plus points

- high doses of the plant material and the active substance
- no side effect
- long term use possible

Recommended use

Starting dose: 3x2 tablets per day before meals during 1 to 3 weeks or as prescribed.

Maintenance dose: 2 tablets per day before meals or as prescribed.

To take with a big glass of water.

Acute: the therapy must be followed at least 4 to 6 weeks, when necessary this product can be used permanently (chronic)

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

Lactic acid bacteria 1×10^9 CFU at production:
 Lactobacillus rhamnosus.....75 %
 Lactobacillus acidophilus / Bifido-bacterium bifidus ana ad.....100 %
 Inuline–Oligofructose (FOS) (3 parts / 1 part).....450 mg
 Origanum vulgare.....5 mg
Wild oregano (herb) dry extract

Excipients:

cellulose (filling agent) – sorbitol (sweetner) – magnesiumstearate (lubricant)

Does not contain preservatives, lactose, gelatine, flavours, saccharose or gluten

2.4 Bififlor Pedia

Field of application

Bififlor Pedia can be used to support the treatment of:

- disturbed intestinal flora
- too fluent bowel movement
- flatulence
- turista
- AAD (Antibiotic Associated Diarrhea)
- Flatulent feeling
- Prevention of atopic diseases

Description

Bififlor Pedia is a symbiotic, supplemented with a selective vegetable antibiotic (oregano). *L. rhamnosus* can be used in the event of diarrhoea caused by the rota virus or antibiotics, and is important in the prevention of allergies (e.g. atopic eczema) in very young children. The lactic bacterium helps to break down lactose, and support the immune system. Inuline + FOS has a bifidogenic effect (supports the growth of bifidobacteria in the large intestine). The tablet can also be chewed for protection against tooth decay.

Plus points

- 1 billion living humane hypo – allergen and coated microbial strains while producing (resistant to gastric and bile acid)
- the addition of prebiotics in the condition of FOS (inulin / oligofructose): effective in the area of as well the small as the large intestine
- resistant to antibiotics

Recommended use

Dosage for children from the age of 6 months old: $\frac{1}{2}$ tablet per day (grind in the bottle) or as prescribed.
 Dosage for children from the age of 2 years old: 1 tablet per day (chewing) before meals or as prescribed.
 In acute cases: up to 2 tablets per day
 Dosage for adults: Bififlor Forte

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

Lactic acid bacteria 3×10^9 CFU at production:
 Lactobacillus rhamnosus.....75 %
 Lactobacillus acidophilus / Bifido-bacterium bifidus ana ad.....100 %
 Inuline–Oligofructose (FOS) (3 parts / 1 part).....450 mg
 Origanum vulgare.....10 mg
Wild oregano (herb) dry extract

Excipients:

cellulose (filling agent) – silicium dioxide (filling agent) - sorbitol and sodium saccharinate (sweetner) – magnesium stearate (lubricant)

Does not contain preservatives, lactose, gelatine, flavours, saccharose or gluten

2.5 Bififlor Forte

Field of application

Bififlor Forte can be used to support the treatment of:

- disturbed intestinal flora
- too fluent bowel movement
- flatulence
- turista
- AAD (Antibiotic Associated Diarrhea)
- Flatulent feeling
- Prevention of atopic diseases

Description

Bififlor Pedia is a symbiotic, supplemented with a selective vegetable antibiotic (oregano). *L. rhamnosus* can be used in the event of diarrhoea caused by the rota virus or antibiotics, and is important in the prevention of allergies (e.g. atopic eczema) in very young children. The lactic bacterium helps to break down lactose, and support the immune system. Inuline + FOS has a bifidogenic effect (supports the growth of bifidobacteria in the large intestine). The tablet can also be chewed for protection against tooth decay

Plus points

- 3 billion living humane hypo – allergen and coated microbial strains while producing (resistant to gastric and bile acid)
- the addition of prebiotics in the condition of FOS (inulin / oligofructose): effective in the area of as well the small as the large intestine
- resistant to antibiotics

Recommended use

1 tablet per day (swallow or chew) before meals or as prescribed.

In acute cases: up to 3 tablets per day

Dosage for children: Bififlor Pedia

Galenic form

Tablets

Additional product information



Composition

200ml of sugar free syrup contains fluid extracts* of:

Drosera rotundifolia.....	4,5 %
<i>Long leaved Sundew (herb)</i>	
Nepeta cataria.....	2,25 %
<i>Catnip (herb)</i>	
Grindelia robusta.....	1,5 %
<i>Grindelia (herb)</i>	
Salvia officinalis.....	1,5 %
<i>Sage (leaf)</i>	
Propolis.....	1,5 %
Glycyrrhiza glabra.....	1,5 %
<i>Sweet Liquorice (root)</i>	
Cyamopsis tetragonolobus.....	1,5 %
<i>Guar gum</i>	
Plantago major.....	0,75 %
<i>Common Plantain</i>	
Schisandra chinensis.....	0,75 %
<i>Schisandra</i>	
Thymus serpyllum.....	qs
<i>Wild Thyme essential oil</i>	
Pinus sylvestris.....	qs
<i>Scots Pine essential oil</i>	

Excipients:

Maltitol syrup ad 100%

Plant concentrations 1/1

* A fluid extract contains a high concentration of the plant material

Does not contain preservatives, lactose, gelatine, saccharose or gluten

2.6 Bronchicron

Field of application

Bronchicron can be used to support the treatment of:

- a dry cough
- a tickling cough
- nocturnal cough

Description

Bronchicron is used in the event of a tickling cough, dry cough and to prevent bacterial additional infection. Is the presence of clear phlegm annoying? No problem, because Bronchicron contains mucus thinning elements. An irritated throat is relieved by the anti-inflammatory agents in Bronchicron. Schisandra was added to speed up recovery. It is an adaptogenic plant.

Plus points

- Glycyrrhiza & Cyamopsis: softening qualities
- User – friendly syrup with enjoyable taste (suitable for children)
- Contains no sugar

Recommended use

- Adults and from the age of 12 years old: 3 to 6 x 10ml (with measuring cup) per day or as prescribed.
- Children from the age of 6 till 12 years old: 3 to 6 x 5 ml per day (with measuring cup) per day or as prescribed.
- Children from the age of 2 till 6 years old: 3 to 6 x 2,5 ml per day (with measuring cup) per day or as prescribed.

Galenic form

Syrop

Additional product information



Composition

1 tablet contains:

Calcium.....	172 mg
<i>Various sources</i>	
Magnesium.....	88 mg
<i>Various sources</i>	
Vitamin D3.....	1 µg
Lysine.....	19,2 mg
Urtica dioica.....	4 mg
<i>Nettle dry extract</i>	
Equisetum arvense.....	8 mg
<i>Horsetail dry extract</i>	
Cynara scolymus.....	2 mg
<i>Artichoke dry extract</i>	
Inositol.....	3 mg

Excipients:

cellulose (filling agent) – magnesium-stearate (lubricant)

Does not contain preservatives, lactose, gelatine, flavours, saccharose or gluten

2.7 Calcium Global

Field of application

Calcium Global can be used to support the treatment of:

- calcium deficiency
- fractures of bones

Description

Calcium and magnesium are essential for the production of new bone cells and this is in the ratio: 2 parts of calcium and 1 part of magnesium. The amino acid lysine supports the good absorption of the calcium in the bones. Calcium Global also contains 3 plantextracts: Urtica, Equisetum and Cynara. They all proved their efficiency in articular diseases.

Plus points

- natural sources of calcium, magnesium and other oligo elements)
- combination of calcium and vitamin D3
- combination of calcium and magnesium in a 2/1 ratio
- lysine improves the calcium absorption

Recommended use

Adults and from the age of 12 years old: 2 to 4 tablets per day during meals or as prescribed.
 Children from the age of 6 till 12 years old: 2 tablets per day during meals or as prescribed.
 Children from the age of 3 till 6 years old: 2 tablets per day during meals or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

Carduus marianus.....300 mg
Blessed milkthistle (fruit) dry extract
Standardised on 105 mg silymarine

Excipients:

maltodextrine (filling agent) – calcium phosphate (filling agent) – siliciumdioxide (filling agent) – cellulose (filling agent) – magnesiumstearate (lubricant)

Does not contain preservatives, lactose, gelatine, flavours, saccharose or gluten

2.8 Carduus Pro

Field of application

Carduus Pro can be used to support the treatment of:

- reduced liver function
- cirrhosis induced by alcohol
- jaundice
- hemorrhoids

Description

Carduus Pro is a standardised milk thistle preparation that can be used in the event of a decreased liver function. Silymarine (= group of active matter) protects the liver against the consequences of alcohol abuse, is an antioxidant, prevents the binding of poisonous substances on the cell wall of liver cells, has anti-inflammatory properties, plays a role in the repair of the making of protein in liver cells (liver cell renewal) and decreases the accumulation of connective tissue (cirrhosis) in liver cells.

Plus points

- standardised amount of milkthistle with effective dose

Recommended use

3 x 1 tablet per day before meals or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

- Hypericum perforatum.....150 mg
St Johnswort (herb) dry extract
Standardised on 450 µg hypericine and 4,5 mg hyperforine
- Ballota nigra.....150 mg
Black horehound dry extract (herb)
Standardised on 2,5% chlorogenic acid
- L tryptophane.....50 mg
- Folic acid (vitamin M).....200 µg
- Biotine (vitamin H).....150 µg

Excipients:

- maltodextrine (filling agent) – calcium phosphate (filling agent) – siliciumdioxide (filling agent) – cellulose (filling agent) – magnesiumstearate (lubricant) – hydroxylpropylmethylcellulose (filling agent) – titandioxide (colour agent) – ironoxide (colour agent)

Does not contain preservatives, lactose, gelatine, flavours, saccharose or gluten

2.9 Depraxan

Field of application

Depraxan can be used to support the treatment of:

- mild to mediocre depression
- ups and downs
- indifferent behaviour

Description

Depraxan is a standardised extract of St John's wort (supplemented with -among other things- L-tryptophan, folic acid and biotin), and can be used for mild to moderately serious unipolar depression. The presence of Ballota nigra with an almost immediate calming effect is a plus, as the effect of St John's wort does not work until after two to four weeks. The tablets are coated with titanium dioxide/iron oxide to protect the active hyperforin against light; the blister packaging (only 3% oxygen permeation) protects hyperforin against oxidation.

Plus points

- standardised dry extract of Hypericum perforatum with maintenance of matrix
- standardised on 3 active components: 0,3% hypericine, 2% hyperforine and 4% flavones
- Ballota nigra is a nerve tonic (orthosymphatic nerve system)
- Contains folic acid (vitamin M) and biotine (vitamin H)

Recommended use

Adults and from the age of 12 years old: 2 x 1 tablet per day during meals or as prescribed.

Children from the age of 6 till 12 years old: 1 tablet per day during meals or as prescribed (under medical guidance). We recommend to use the product during a long period (at least 2 to 3 months)

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

Salix alba.....767 mg
White willow (bark) dry extract
Standardised on 60 mg salicine

Excipients:

calcium phosphate (filling agent) –
siliciumdioxide (filling agent) – cellulose
(filling agent) – magnesiumstearate
(lubricant)

*Does not contain preservatives, lactose,
gelatine, flavours, saccharose or gluten*

2.10 Doloflam

Field of application

Doloflam can be used to support the treatment of:

- inflammatory complaints
- low back pains
- rheumatic pains

Description

Doloflam is a natural and stomach-friendly source of salicylates (no salicylic acid in the gastrointestinal tract!). Unlike salicylic acid this complete willow bark extract restrains both COX and LOX enzymes (of the infection process), thus preventing the worsening of asthma or allergies. Salix alba is used in the case of fever, slight headache and light to medium rheumatic pain.

Plus points

- standardised extract of salix on 60 mg salicine
- standardised extract that maintains its “matrix”
- no stomach disorders

Recommended use

Adults and from the age of 16 years old: 2 x 1 to 2 x 2 tablets per day before meals or as prescribed.

Acute: 2 x 2 to 3 tablets per day

Chronic: 2 x 1 tablet per day

Dosage children:

from the age of 4 to 10 years old: ½ to 1 tablet per day or as prescribed.

from the age of 10 to 16 years old: 1 to 2 tablets per day or as prescribed..

Galenic form

Tablets

Additional product information



Composition

1 pastille contains:

- Echinacea purpurea.....65 mg
Echinecea standardised dry extract
- Vitamin C (ascorbic acid).....50 mg
- Drosera rotundifolia.....25 mg
Sundew standardised dry extract
- Zinc (as aminochelate)..... 15 mg
- Sambucus nigra.....15 mg
Elderberry standardised dry extract
- Propolis dry extract.....10 mg

Excipients:

- sorbitol (sweetner) / maltodextrine (filling agent) – flavour - cellulose (filling agent)
- silicium dioxide (filling agent) -
- magnesiumstearate (lubricant) -
- sucralose (sweetner) - thaumatin (sweetner).

Does not contain preservatives, lactose, gelatine, saccharose or gluten

2.11 Echina Kids

Field of application

Echina kids can be used to support the treatment of:

- sore throat
- reduced immunity
- infection of the gums
- infection in mouth and throat

Description

The Echina Kids pastille has antiviral, antibacterial and immune system stimulating potential. Propolis and zinc are the antimicrobial ingredients to relieve mouth and throat infections. The trio zinc, vitamin C and Echinacea purpurea support the immune system, and are known for their beneficial influence on infections of the upper airways. Drosera rotundifolia is mildly cough relieving, the blossom of sambucus nigra has a sweat expelling effect in the event of fever.

Plus points

- supports the immune system
- enjoyable taste & sugar free: child friendly
- effective treatment for sore throat

Recommended use

Children from the age of 3 years old: 1 pastille per day or as prescribed.

Terms of use: products containing Echinacea can not be used continuously for more than 12 weeks (study on use of more than 12 weeks are not available)

Galenic form

Pastille

Additional product information



Composition

1 tablet contains:

Lecithin.....200 mg
Co-enzyme Q10.....50 mg
(= Ubichinon)

Excipients:

maltodextrine (filling agent) –
siliciumdioxide (filling agent) – calcium
phosphate (filling agent) –
magnesiumstearate (lubricant)

*Does not contain preservatives, lactose,
gelatine, flavours, saccharose or gluten*

2.12 Eko Q10

Field of application

Eko Q10 can be used to support the treatment of:

- deficiency of the coenzyme Q10 (after taking statines)
- bad distribution of oxygen of the cardiac muscle
- energy production
- parodontitis

Description

Eko Q10 contains Q10 in a well-absorbable form thanks to the addition of lecithin as an emulsifier. Q10 is speed determining for cellular energy production. Eko Q10 is recommended for patients with heart failure, in the event of poorly working mitochondria (hereditary brain damage, Huntington, Parkinson, Alzheimer, Down syndrome, certain types of hereditary male infertility) and when using statins or corticosteroids.

Plus points

- 100% pure coenzyme Q10
- maximal activity by adding lecithin
- can also be chewed

Recommended use

Adults and from the age of 12 years old: 1 to 2 tablets per day before meals or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 soft capsule contains:

Fish oil.....1000 mg
 18% eicosapentaenoic acid (EPA)
 12% docosahexaenoic acid (DHA)
 Vitamin E.....10 mg

Excipients:

glycerine (filling agent) – gelatine –
 glycerol (filling agent)

*Does not contain preservatives, lactose,
 flavours, saccharose or gluten*

2.13 Epa Forte

Field of application

Epa forte can be used to support the treatment of:

- hypertriglyceridemia and elevated LDL
- rheumatoid arthritis
- ADHD and related conditions
- rash (eczema)
- protections of the blood vessels

Description

Epa Forte is a safe source of fish oil (180 mg EPA and 120 mg DHA). Fish oil contributes to the relief of a chronic infection (e.g. skin, lungs, intestinal mucosa and joints). Fish oil also stimulates cardiovascular health. In the primary prevention of cardiovascular diseases the American Heart Association advises people to eat oily fish twice a week. According to the 'International Society for the Study of Fatty Acids and Lipids' (ISSFAL) this oily fish recommendation corresponds to the daily consumption of about 500 mg EPA + DHA (= equivalent to 1 to 2 soft capsules a day).

Plus points

- favourable action on heart and blood vessels
- fish oil of cold pressing, standardised on 18% EPA and 12% DHA
- minimum conform with the law concerning the allowed amount of heavy metals: max Hg: 0,1 mg/kg; Cd: 3 mg/kg; Pb: 3 mg/kg
- minimum conform with EU – regulation 1881/2006: Max. allowed amount of dioxin: 2 pg/g fish oil

Recommended use

Adults and from the age of 12 years old: 1 to 3 soft capsules per day between meals or as prescribed.
 Children from the age of 2 years old: 1 to 2 soft capsules per day between meals or as prescribed.

Galenic form

Soft capsules

Additional product information

CARDIO	IMMUNO	PNEUMO	GASTRO
DERMATO	OFTALMO	MOVEMENT	

Composition

1 capsule contains:

Schisandra chinensis.....	200 mg
<i>Schisandra standardised dry extract (2% schizandrines)</i>	
Rosmarinus officinalis.....	100 mg
<i>Rosemary standardised dry extract (10% carnosine derivates)</i>	
Ballota Nigra.....	40 mg
<i>Black Horehound standardised dry extract (2,5% chlorogenic acid)</i>	
Glycine max.....	40 mg
<i>Soy extract standardised on isofalvons (daïdzin, glycitin and genistin)</i>	
Folic acid.....	30 µg

Excipients:

cellulose (filling agent) – siliciumdioxide (filling agent) – magnesium silicate (filling agent) – magnesiumstearate (lubricant)

Does not contain preservatives, lactose, flavours, saccharose or gluten

2.14 Fempro

Field of application

Fempro can be used to support the treatment of:

- disturbed hormonal balance
- PMS (pre menstrual syndrome)
- amenorroe
- premenopausal complaints

Description

Fempro was designed to have a beneficial influence on the menstrual cycle of women from the age of 35 with soy isoflavones, rosemary and schisandra to support healthy breast tissue. Fempro can also be used for relief in the symptomatic approach of the psychological symptoms typical of Premenstrual Syndrome (PMS) thanks to the folic acid, Black Horehound and schisandra.

Plus points

- combination of plant extract that act synergetic and maintain their matrix
- unique product that treats premenopausal complaints

Recommended use

Women from the age of 35 years old: 1 capsule per day before meals or as prescribed.
(from day 8 till day 28 of the female cycle)

Galenic form

Capsules

Additional product information



Composition

200ml contains fluid extracts* of:

Angelica sinensis.....	15 %
<i>Angelica (root)</i>	
Salvia officinalis.....	15 %
<i>Sage (leaf)</i>	
Chrysanthellum americanum.....	10 %
<i>Chrysanthellum (herb)</i>	
Hypericum perforatum.....	10 %
<i>St. Johnswort (herb)</i>	
Origanum vulgare.....	10 %
<i>Wild organo (flower)</i>	
Centaurea centaurium.....	10 %
<i>Centaury (flower)</i>	
Zea Mays.....	7,5 %
<i>Corn (stigma)</i>	
Smilax medica.....	5 %
<i>Sarsaparilla (root)</i>	
Orthosiphon stamineus.....	5 %
<i>Orthosiphon (herb)</i>	
Vaccinium myrtillus.....	5 %
<i>Blueberry (herb)</i>	
Equisetum arvense.....	2,5 %
<i>Horsetail (herb)</i>	
Lavandula officinalis.....	2,5 %
<i>Lavender (herb)</i>	
Viola tricolour.....	2,5 %
<i>Wild pansy (herb)</i>	

Alcohol 27%vol.

Plant concentrations 1/1

* A fluid extract contains a high concentration of the plant material

Does not contain preservatives, lactose, gelatine, saccharose or gluten

2.15 Fyto Detoxica

Field of application

Fyto Detoxica can be used to support the treatment of:

- too many toxic substances (such as lactic acid, uric acid and free radicals)
- listlessness/ fatigue
- skin affections (such as ulcers, sores and acne)

Description

Fyto Detoxica's plant mix is body purifying, cell detoxing, draining and activates the entire body. This is why it's the ideal starting treatment (before the start of any other therapy). It's a supplement that lowers the plasma concentration of glucose, lactate and uric acid. This purifying course of treatment supports the cleansing action of liver and intestines, the removal of harmful substances through the kidneys, gallbladder, intestines and lungs, the perseveration of a healthy skin barrier and relieves muscle stiffness.

Plus points

- combination of plant extract that act synergetic
- works diuretic especially for Orthosiphon, Zea mays, Equisetum arvense and Viola tricolor (ref: J. Van Hellemont, *Physiotherapeutic compendium, 1988*)
- total body purification

Recommended use

For adults and children from the age of 12 years old:

- as supporting cure to another therapy: 5ml (with measuring cup) per day, in a glass of water or as prescribed.
- as purifying cure: 2 x 10ml (with measuring cup) per day, in a glass of water or as prescribed.

Galenic form

Fluid extract

Additional product information

IMMUNO	PNEUMO	CARDIO	GASTRO
DERMATO	GYNAECO	URO	MOVEMENT

Composition

1 tablet contains:

Inositol.....300 mg
 Choline bitartrate.....461 mg
 Ginkgo biloba.....30 mg
*Maidenhair tree (leaf) dry extract
 standardised on 24% flavon
 glucosides and 6% terpeen lactones
 contains max 5 ppm ginkgolic acids*

Excipients:

cellulose (filling agent) – calcium phosphate (filling agent) - silicium dioxide (filling agent) – magnesium stearate (lubricant) – hydroxypropyl methylcellulose (filling agent) – poly dextrose (filling agent) – iron oxide (colour agent) – titan dioxide (colour agent).

Does not contain preservatives, lactose, gelatine, flavours, saccharose or gluten

2.16 Ginkgo Concentra

Field of application

Ginkgo Concentra can be used to support the treatment of:

- disturbed concentration
- weak memory
- dementia
- alzheimer disease
- eye disease (neuro protective)

Description

Ginkgo Concentra is a standardised extract of Ginkgo biloba (equivalent to the standardisation of the Ginkgo biloba preparation that was used in human clinical studies!). Ginkgo biloba can be used for the prevention of dementia and has a positive impact on mood and alertness. Inositol and choline are a surplus for the central nervous system: inositol is linked to several neurotransmitter systems; choline is a building block for acetylcholine.

Plus points

- standardised Ginkgo folia-extract on flavonglycosides and terpeen lactones
- maximum 5 ppm ginkgolic acids, which could be responsible for allergies
- Synergetic activity by adding choline as precursor of acetylcholine

Recommended use

Adults and children from the age of 12 years old: 1 to 4 tablets per day before meals or as prescribed.
 Children from the age of 6 till 12 years old: 1 tablet per day before meals or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

Harpagophytum procumbens.....500 mg
Devil's claw dry extract (secondary
roots) standardised on 2,5%
harpagoside

Excipients:

cellulose (filling agent) – magnesium
stearate (lubricant) – magnesium
stearate (filling agent)

*Does not contain preservatives, lactose,
gelatine, flavours, saccharose or gluten*

2.17 Harpagophytum Pro

Field of application

Harpagophytum Pro can be used to support the
treatment of:

- painful muscles
- painful joints
- chronic rheumatic diseases
- chronic arthritis

Description

Harpagophytum Pro is a standardised root extract of
Harpagophytum procumbens (Devil's claw) with anti-
inflammatory, pain relieving and cartilage protecting
properties. It is the recommended phytotherapeutic type
of medicine for people with non-specific low back pain
and is used in the event of painful arthrosis and muscle
and tendon infections. Devil's claw does not harm the
stomach (no COX-1 inhibitor) which is why it is suitable
for chronic use. Devil's claw also has a beneficial effect
on the liver, bile and digestion.

Plus points

- high doses of the plant material and the active
substance
- no side effect
- long term use possible

Recommended use

Adults and children from the age of 12 years old: 1 to 5
tablets per day before meals or as prescribed.
The therapy must be followed for at least 3 to 6 weeks.

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

Echinacea purpurea.....	200 mg
<i>Echinacea dry extract</i>	
Drosera rotundifolia.....	100 mg
<i>Roundleaf sundew dry extract</i>	
Vitamin C (ascorbic acid).....	100 mg
Menyanthes trifoliata.....	70 mg
<i>Buckbean dry extract</i>	
Allium sativum.....	58,8 mg
<i>Garlic dry extract standardised on 2 mg alliin</i>	
Uncaria tomentosa.....	50 mg
<i>Cat's claw dry extract</i>	

Excipients:

- cellulose (filling agent) – calcium phosphate (filling agent) - silicium dioxide (filling agent) – magnesium stearate (lubricant) – hydroxypropyl methylcellulose (filling agent) – iron oxide (colour agent) – titan dioxide (colour agent) – lactose (filling agent) – talc (filling agent) – glycerine (lubricant)

Does not contain preservatives, gelatine, flavours, saccharose or gluten

2.18 Immuno Pro

Field of application

Immuno Pro can be used to support the treatment of:

- reduced immunity (preventive)
- recovery of the body after disease

Description

Immuno Pro aims to ensure the immune system functions like a well-oiled machine. Echinacea purpurea and Uncaria tomentosa mainly stimulate the inherent immune system, vitamin C and the acquired immunity. Allium sativum has antibacterial, antifungal and antiviral properties. Menyanthes trifoliata is traditionally used to reduce the recovery period after an infection. This supplement can also be used to prevent flu.

Plus points

- supports the immune system
- standardised garlic extract
- broad spectrum anti microbiological agent

Recommended use

Adults and children from the age of 12 years old: 1 tablet per day after breakfast or as prescribed (can, when necessary, be elevated to 2 x 1 tablet after meals).

Children from the age of 6 years old: ½ tablet per day after breakfast or as prescribed (can, when necessary, be elevated to 2 x ½ tablet after meals).

Do not take on an empty stomach

Galenic form

Tablets

Additional product information



Composition

200ml contains fluid extracts* of:

Echinacea purpurea.....	30 %
<i>Echinacea (root)</i>	
Panax ginseng.....	30 %
<i>Chinese ginseng (root)</i>	
Propolis.....	30 %
Hypericum perforatum.....	5 %
<i>St. Johnswort (herb)</i>	
Salvia officinalis.....	5 %
<i>Sage (leaf)</i>	

Alcohol 56,5%vol.

Plant concentrations 1/1

* A fluid extract contains a high concentration of the plant material

Does not contain preservatives, lactose, gelatine or saccharose

2.19 Immunomix

Field of application

Immunomix can be used to support the treatment of:

- reduced immunity
- angina
- respiratory infection
- chronic bronchitis
- acute infection

Description

Immunomix, on the basis of 5 synergetic liquid extracts, was created as an immediately active immunity increaser. Immunomix mainly serves as treatment for upper airway infections, but is also useful in the treatment of chronic bronchitis, laryngitis and acute infection (flu, glandular fever).

Plus points

- made on a base of synergic active fluid extracts
- adaptogen properties due to Echinacea purpurea and Panax ginseng
- highly concentrated product

Recommended use

For adults and children from the age of 12 years old: 2 x 5ml (with measuring cup) per day before breakfast and before dinner, in a glass of water or as prescribed.

Galenic form

Fluid extract

Additional product information



Composition

1 tablet contains:

Iron (as amino chelate).....8 mg

Excipients:

cellulose (filling agent) – magnesium stearate (lubricant)

Does not contain preservatives, lactose, gelatine, flavours, saccharose or gluten

2.20 Iron A

Field of application

Iron A can be used to support the treatment of:

- iron deficiency
- anaemia

Description

Iron A is an organic source of iron. Iron is part of several enzymes (cytochromes, catalases, peroxidases, etc.) and is mainly built in in the haemoglobin of red blood cells, which is necessary for transporting oxygen in the blood to tissues and organs. It's only useful to take an iron supplement in the event of iron deficiency! Not everyone who feels washed-out and tired needs iron.

Plus points

- AA chelate form
- natural organic source of iron
- good absorption of Fe
- rarely complaints of stomach disorders or constipation

Recommended use

Adults and children from the age of 12 years old: 1 to 3 tablets per day before meals or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

Glycine max (soy).....100 mg
Standardised soy extract on 40 mg isoflavons. Glycine max contains daidz(e)in, glycit(e)ine, genist(e)ine (respectively 14,5 mg, 2,0 mg, 23,5 mg) and saponins, tocoferols,...

Excipients:

cellulose (filling agent) – sodiumcarboxy methylcellulose (filling agent) - silicium dioxide (filling agent) – magnesium stearate (lubricant) – hydroxypropyl methylcellulose (filling agent) – iron oxide (colour agent) – titan dioxide (colour agent) – polydextrose (filling agent)

Does not contain preservatives, gelatine, flavours, saccharose, lactose or gluten

2.21 Isopro 40

Field of application

Isopro 40 can be used to support the treatment of:

- menopausal complaints
- hot flushes
- mood swings
- sense of irritation
- postmenopausal osteoporosis+
- protection of the prostate

Description

Isopro 40 offers 40 mg soy isoflavones (phyto-oestrogens) per tablet, and 1 to 3 tablets a day can be used to decrease menopausal complaints such as hot flushes and vaginal dryness. Postmenopausal women can also use Isopro 40 to compensate for the long-term risks of the ceased endogenous oestrogen production. When taking 1 to 2 tablets a day Isopro 40 contributes to the protection against atherosclerosis and the prevention of osteoporosis.

Plus points

- contains a natural proportion of isoflavons (40mg) standardised on daidzine, glycitine and genistine (coming from soy beans)
- authentic soy matrix: raises the biological availability of the active ingredients and takes care of a better protection of the active ingredients
- contains as well conjugated isoflavons (glycosides) as aglycones for an optimal absorption
- the coating and the package materials of the tablets protect against oxidation of bio active ingredients
- made on a base of non genetic modified organism (non GMO)
- binding on the estrogen receptors: bigger affinity for the estrogen β-receptors, especially in endometrium tissue and breast tissue.

Recommended use

1 tablet per day before meals or as prescribed.

Galenic form

Tablets

Additional product information



Composition

20 ml contains:

Royal jelly.....	2 g
Taurine.....	2 g
Paullinia cupana.....	0,8 g
<i>Gaurana (seed) fluid extract*</i>	
Camellia sinensis.....	0,8 g
<i>Green thee (leaves) fluid extract*</i>	
Eleutherococcus senticosus	0,5 g
<i>Siberian ginseng (root) fluid extract*</i>	
Panax ginseng	0,5 g
<i>Chinese ginseng (root) fluid extract*</i>	

Excipients:

wine – water ad 100% - vanilla flavour –
potassium sorbate (preservative) –
acesulphame (sweetner)

Plant concentrations 1/1

* A fluid extract contains a high
concentration of the plant material

*Does not contain lactose, gelatine or
saccharose*

2.22 M Energizer

Field of application

M Energizer can be used to support the treatment of:

- fatigue
- mental stress
- loss of concentration
- burn out
- energy booster
- instant energy for sportsmen

Description

M. Energizer provides instant energy and should be used acutely (when necessary), but it also contributes to mental and physical support in the long run as a sporadic dietary supplement. Guarana provides better alertness one hour after ingestion; Panax ginseng provides better memory function after an hour. This enables students to use this energy drink purposely. Sportsmen will benefit from a more purposive use of oxygen.

Plus points

- instant energy booster
- contains Panax ginseng and Siberian ginseng
- rich in amino acids, minerals, oligo elements and vitamins from royal jelly
- contains taurine that helps against visual fatigue

Recommended use

For adults and children from the age of 12 years old: 20ml (with measuring cup) per day or as prescribed. Shake bottle before using it. Keep the bottle stored in the refrigerator.

Galenic form

Energy drink

Additional product information



Composition

1 tablet contains:

Magnesium (as amino-chelate)....200 mg

Excipients:

cellulose (filling agent) – magnesium stearate (lubricant)

Does not contain preservatives, lactose, gelatine, flavours, saccharose or gluten

2.23 Magnesium A

Field of application

Magnesium A can be used to support the treatment of:

- muscular spasms
- magnesium deficiency
- sportsmen
- nerve system
- fatigue
- weak enzymatic function

Description

Magnesium A is a well-absorbable form of magnesium (the 'A' stands for amino-chelated). Magnesium is used for > 300 enzymatic reactions such as in the breakdown of glycogen, fatty acid oxidation, protein synthesis, ATP production, 'second messenger' systems. Magnesium also has a physiological regulatory function regarding the stability of our cell membranes, and has a role on a neuromuscular, cardiovascular, immunity and hormonal level.

Plus points

- AA chelate form
- good absorption of Mg
- high dosage: 200 mg effective magnesium per tablet
- causes no diarrhoea

Recommended use

1 to 2 tablets per day before meals or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 capsule contains:

Cimicifuga racemosa.....	100 mg
<i>Bugbane dry extract</i>	
Lavandula officinalis.....	100 mg
<i>Lavender dry extract</i>	
Taraxacum officinalis.....	100 mg
<i>Dandelion dry extract</i>	
Peumus boldo.....	50 mg
<i>Boldo dry extract</i>	

Excipients:

cellulose (filling agent) – siliciumdioxide
(filling agent) – magnesium silicate
(filling agent) – magnesiumstearate
(lubricant)

*Does not contain preservatives, lactose,
flavours, saccharose or gluten*

2.24 Migran

Field of application

Migran can be used to support the treatment of:

- migraine
- headache caused by a stress situation

Description

Migran is used for treatment of migraine/headache. Cimicifuga and Lavender have a positive influence on the elicited factors (such as better sleep, less stress...). Peumus boldus and Lavender will prevent the start of a migraine attack, by opening the blood vessels. Besides that Migran has a potential in the secretion of female hormones through a better function of liver and bile. (Taraxacum officinale/Peumus boldus)

Plus points

- prevention / cure
- high effectiveness (synergetic formula)

Recommended use

Adults and from the age of 12 years old: 1 to 3 capsules per day during meals or as prescribed.

Galenic form

Capsules

Additional product information

NEURO

Composition

1 tablet contains:

- Eleutherococcus senticosus.....200 mg
Siberian ginseng (root)standardised dry extract
- Turnera aphrodisiaca.....150 mg
Damiana (leave)standardised dry extract
- D ribose.....100 mg
- Magnesium (as aminochelelate).....70 mg
- L carnitine tartrate.....55,15 mg
- Creatine.....20 mg
- Inositol.....18,75 mg
- Vitamin B3.....13,5 mg
- Alpha lipoic acid.....12,5 mg
- Fosfatidylcholine.....12,5 mg
- Coeyzm Q10.....12 mg
- Piper nigrum.....8,4 mg
Black pepper (leave)standardised dry extract on 6% piperine
- Vitamin E.....7,5 mg
- Zink (as aminochelelate).....5,625 mg
- Vitamin B5.....4,5 mg
- Capsicum annum.....2 mg
Cayenne pepper standardised dry extract
- Vitamin B6.....1,5 mg
- Vitamin B2.....1,2 mg
- Vitamin B1.....1,05 mg
- Biotine (vitamin H).....112,5 µg
- Folic acid (vitamin M).....100 µg
- Chromium (as aminochelelate).....20 µg

Excipients:

- cellulose (filling agent) – hydrogenated oil (lubricant) – calcium phosphate (filling agent) - silicium dioxide (filling agent) – magnesium stearate (lubricant) – starch (filling agent) - hydroxypropyl methylcellulose (filling agent) – titan dioxide (colour agent) – polydextrose (filling agent) – fractionated coconut oil (lubricant)

Does not contain preservatives, gelatine, flavours, saccharose, lactose or gluten

2.25 More Energy

Field of application

More Energy can be used to support the treatment of:

- fatigue
- asthenia
- low stamina
- myalgic encephalomyelitis

Description

More Energy was created to permanently support the energy level (important for sportsmen, CFS patients or anyone wanting more energy). This supplement supports metabolism (B vitamins, biotin, L-carnitine, chromium, magnesium, zinc), provides antioxidants (vitamin E, alfa-lipoic acid, capsicum annum), is a source of nutrients for rapid production of energy in the body (coenzyme Q10, D-ribose, creatine, piperine) and contains 'brain food' (inositol, fosphatidylcholine, L-carnitine) and plant adaptogens (Eleutherococcus senticosus, Turnera aphrodisiaca).

Plus points

- unique combination with synergic ingredients such as vitamins, Q10, lecithin, inositol, L – carnitine en plant extracts
- contains all the vitamins of the B–complex
- contains 2 plant extracts known for its vitalising and stimulating activity
- contains natural vitamin E

Recommended use

4 tablets per day (2 in the morning and 2 during lunch) between meals during 1 month or as prescribed. Afterwards: 1 to 2 tablets per day

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

Methylsulfonylmethane (MSM) 1000 mg

Excipients:

cellulose (filling agent) – magnesium stearate (lubricant)

Does not contain preservatives, lactose, gelatine, flavours, saccharose or gluten

2.26 MSM 1000

Field of application

MSM 1000 can be used to support the treatment of:

- gastro-intestinal ailment
- allergic reactions
- painful joints
- skin conditions
- acné

Description

MSM 1000 contains methylsulfonylmethane (= dimethyl sulfone or MSM), a vegetable source of sulphur. The best studied uses are D arthrosis (painful joints) and allergic rhinitis (runny nose, itch, sneezing fits). Other uses are connective tissue disorders, fibromyalgia, systemic lupus erythematosus, pain caused by repetitive movements, gastric juice overproduction, intestinal parasites, constipation and sports injuries (wound healing). Sulphur is needed everywhere where sulphur amino acids (methionine, cysteine) are built into protein.

Plus points

- 100% pure without harmful residues
- high dosage: 1000 mg methylsulfonylmethane per tablet
- user friendly: dividable tablets

Recommended use

1 to 2 x 2 tablets per day before meals or as prescribed.
Children from the age of 2 years old: 2 x ½ tablet per day or as prescribed
In high doses: do not use longer than 3 months

Galenic form

Tablets

Additional product information



Composition

1 capsule contains:

Rhamnus frangula.....	100 mg
<i>Buckthorn dry extract standardised on 15% glucofranguline A</i>	
Aloë ferox.....	75 mg
<i>Aloë dry extract standardised on 18% barbaloïne</i>	
Cyamopsis tatragonolobus.....	300 mg
<i>Guar plant</i>	
Magnesium sulphate.....	45 mg

Excipients:

siliciumdioxide (filling agent) – malto-dextrine (filling agent) – magnesium-stearate (lubricant)

Does not contain preservatives, lactose, flavours, saccharose or gluten

2.27 Normasel

Field of application

Normasel can be used to support the treatment of:

- constipation
- bad intestine passage

Description

Normasel is used in the event of constipation. Both magnesium sulphate and Cyamopsis tatragonolobus attract water which softens bowel contents. Non-digestible polysaccharides from the guar plant increase the amount of beneficial intestinal bacteria which increases the intestinal volume. Frangula alnus and Aloe ferox are natural laxatives (with mild intestine stimulating anthracene derivates), they stimulate bowel movements.

Plus points

- does not contain senna
- effective activity through various mechanisms

Recommended use

1 to 2x1 capsule per day before meals, swallow with plenty of water or as prescribed (can be taken in the evening). It is also recommended to drink plenty of water during the day (min 1,5L). After 6 to 10 hours a laxative effect occurs. May not be used for a longer period of time without interruption (of more than 10 days). Not suitable for children under the age of 12 years old.

Galenic form

Capsules

Additional product information



Composition

1 soft capsule contains:

Fish oil.....	500 mg
18% eicosapentaenoic acid (EPA)	
12% docosahexaenoic acid (DHA)	
Linum semen oleum.....	400 mg
Linseed oil	
57% ALA alpha linolenic acid	
Oenothera biennis oleum.....	300 mg
Evening primrose (seeds)	
10% GLA gamma linolenic acid	
Vitamin E.....	10 mg

Excipients:

glycerine (filling agent) – gelatine –
glycerol (filling agent)

*Does not contain preservatives, lactose,
flavours, saccharose or gluten*

2.28 Omega 3-6-9

Field of application

Omega 3-6-9 can be used to support the treatment of:

- hypertriglyceridemia and elevated LDL
- ADHD and related diseases
- rheumatoid arthritis
- eczema
- PMS (pre menstrual syndrome)

Description

Apart from essential omega-3 fatty acids (ALA, EPA, DHA), Omega 3-6-9 contains fatty acids with an omega-3-like effect from the omega-6 group (GLA) and the omega-9 group (oleic acid). This complete omega-mix is good for the cardiovascular system (fits in with a healthy Mediterranean diet), helps prevent cold hands and feet, supports eyesight, contributes to less infections (e.g. to muscles and joints) and thanks to the combination of fish and evening primrose oil (GLA) this supplement is extra caring for the skin (healthy skin renewal, less loss of moisture, less itch).

Plus points

- unique combination of omega-3 (from fish oil and linseed oil), omega-6 (from evening primrose oil and linseed oil) and omega-9 (from linseed oil)
- evening primrose oil is certified free from pesticides and the fish oil was tested on the presence of heavy metals (max. Hg: 0,1 mg/kg; Cd: 3,0 mg/kg; Pb: 3,0 kg/mg) and PCB (max. dioxin: 2 pg/g fish oil (EU – regulation 1881/2006))
- standardised on EPA 18%, DHA 12%, ALA 57% and GLA 10%

Recommended use

1 to 3 soft capsules per day between meals or as prescribed.

Children from the age of 2 years old: 1 to 2 soft capsules per day between meals or as prescribed.

Galenic form

Soft capsules

Additional product information



Composition

1 soft capsule contains:

- Oenothera biennis oleum.....500 mg
Evening primrose (seeds)
8-10% GLA gamma linolenic acid
- Vitamin E.....10 mg

Excipients:

glycerine (filling agent) – gelatine –
glycerol (filling agent)

*Does not contain preservatives, lactose,
flavours, saccharose or gluten*

2.29 Omega 6

Field of application

Omega 6 can be used to support the treatment of:

- PMS (premenstrual syndrome)
- ADHD and related diseases
- Eczema
- Disturbed menstrual cycle

Description

Omega 6 are capsules with evening primrose oil (with 8-10% of the omega-6 fatty acid GLA). This supplement is suitable to support subgroups of patients with a variety of complaints such as painful breasts, premenstrual syndrome, rheumatoid arthritis, itchy skin and diabetic neuropathy. In combination with tamoxifen, GLA is used in the treatment of breast cancer.

Plus points

- primrose oil is certified free from pesticides
- rich in primrose oil: 500 mg (8-10% GLA)

Recommended use

Adults and children from the age of 12 years old:
1 to 3 soft capsules per day between meals or as prescribed.

Children from the age of 6 till 12 years old:
1 to 2 soft capsules per day between meals or as prescribed.

Galenic form

Soft capsules

Additional product information



Composition

1 capsule contains:

Viola tricolour.....	250 mg
<i>Wild pansy dry extract</i>	
Origanum vulgare.....	100 mg
<i>Wild oregano dry extract</i>	
Bromelaïne.....	50 mg
Vitamin C (ascorbic acid).....	50 mg
Vitamin E.....	30 mg
Vitamin B6.....	3 mg
Zinc (as amino-chelate).....	2,25 mg
Selenium.....	100 µg
<i>as L-seleno-methionine</i>	
SOD (super oxide dismutase).....	50 µg
Catalase.....	50 µg
Vitamin B12.....	3 µg

Excipients:
cellulose (filling agent) – magnesium-stearate (lubricant)

Does not contain preservatives, lactose, flavours, saccharose or gluten

2.30 Ortho detoxica

Field of application

Ortho detoxica can be used to support the treatment of:

- too many free radicals

Ortho detoxica can be use in the prevention of:

- cardio-vascular disorders
- skin-aging
- cell degeneration

Description

Ortho Detoxica is a restoring formula with antioxidants and cofactors. This supplement is used to prevent cell damage and chronic diseases caused by an excess of free radicals, oedema and bruises, to increase immunity (especially in the elderly), in case of oxidative stress, for healthy skin (can be used against skin aging, damage caused by UV rays, recovery after burns) or as part of the nutritional treatment of ADHD. Viola tricolor is added as an activator for the detoxification of the liver.

Plus points

- Origanum vulgare: rich vegetable source of anti-oxidants
- Vitamin C, Vitamin E and Selenium: strong anti-oxidants
- Enzymes with anti-oxidative qualities (SOD and catalase)

Recommended use

Adults and children fro the age of 12 years old: 1 capsule per day before meals or as prescribed.

Galenic form

Capsules

Additional product information



Composition

1 tablet contains:

Calcium.....	163 mg
<i>Various sources</i>	
Magnesium.....	45 mg
<i>Various sources</i>	
Vitamin B6.....	1,5 mg
Lysine.....	20 mg
Urtica dioica.....	15 mg
<i>Nettle dry extract</i>	
Equisetum arvense.....	7,5 mg
<i>Horsetail dry extract</i>	
Cynara scolymus.....	12 mg
<i>Artichoke dry extract</i>	
Inositol.....	15 mg
D glucosamine sulphate 2 KCL.....	50 mg
<i>= D glucosamine sulphate 750 mg from the armour of crustaceans</i>	
Betaine HCL.....	8 mg
Copper (as aminochelelate).....	0,93 mg
Folic acid (vitamin M).....	100 µg
Glycine max.....	5 mg
<i>Soy beans standardised on 2 mg isoflavones</i>	
Manganese (as aminochelelate).....	1,3 mg
Vitamin C (ascorbic acid).....	30 mg
Vitamin E.....	7,5 mg
Zink (as aminochelelate).....	5,6 mg

Excipients:

cellulose (filling agent) – magnesium-stearate (lubricant)

Does not contain preservatives, lactose, gelatine, flavours, saccharose or gluten

2.31 Osteo Global

Field of application

Osteo Global can be used to support the treatment of:

- osteoporosis
- fractured bones

Description

Bone tissue is under continuous degradation and construction through sedimentation of minerals in an organic matrix of collagen fibres. The power and structure of bone tissue is mostly depending of the quality and quantity of “building material” and the condition of the collagentissue.

Osteo Global contains calcium and magnesium from different natural sources and is complemented with isofavons, glucosamine, L lysine and inositol

Plus points

- improves bone productin
- several natural sources of calcium, magnesium and other minerals

Recommended use

1 to 2 tablets per day before meals or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 capsule contains:

Prunus africana.....	280 mg
<i>Pygeum (bark) standardized dry extract</i>	
Lignans (from flax seed).....	250 mg
Epilobium angustifolium.....	70 mg
<i>Fireweed (herb) dry extract</i>	
Vitamin E.....	15 mg
Lycopene.....	1,8 mg
Selenium.....	50 µg
<i>as seleniummethionine</i>	

Excipients:

cellulose (filling agent) – magnesium-stearate (lubricant)

Does not contain preservatives, lactose, flavours, saccharose or gluten

2.32 Prestain

Field of application

Prestain can be used to support the treatment of:

- maintenance of a healthy prostate
- urinate problems (due to benignant prostate enlargement)
- elevated PSA-values
- prostatitis
- disturbed cellular growth in prostate tissue

Description

Prestain has a delaying effect on *midlife oestrogenic stimulus* because of which people over fifty develop a benign prostate enlargement (BPH). Prestain also specifically helps with urination problems (LUTS or Lower Urinary Tract Symptoms) by decreasing BPH. Epilobium angustifolium is important as a wide spectrum antibiotic if an additional urinary tract infection occurs. These ingredients are also suitable as supportive therapy for clinically detectable prostate cancer.

Plus points

- contains vitamin E, selenium and lycopene (without zinc!)
- combines a preventive with a therapeutic potential
- all-rounder for a healthy prostate (males from the age of 45)

Recommended use

Adult men: 1 to 2 capsules per day during meals or as prescribed.

Galenic form

Capsules

Additional product information



Composition

9 soft capsules contains:

Mentha piperita.....	90 mg
<i>Peppermint essential oil</i>	
Hyssopus officinalis.....	40,5 mg
<i>Hyssop essential oil</i>	
Satureja hortensis.....	40,5 mg
<i>Savory essential oil</i>	
Eucalyptus globulus.....	40,5 mg
<i>Eucalyptus essential oil</i>	
Commiphora molmol.....	13,5 mg
<i>Myrrh essential oil</i>	

Excipients:

sunflower oil (filling agent) - glycerine (filling agent) – gelatine – glycerol (filling agent)

Does not contain preservatives, lactose, flavours, saccharose or gluten

2.33 Pro Air

Field of application

Pro Air can be used to support the treatment of:

- infections of the upper airways
- disinfection of the throat
- plentiful production of mucus by the airways
- short of breath

Description

Pro Air contains etheric oils with broad antimicrobial properties that are also active against microorganisms that affect the airways. Limiting the use of antibiotics is a step in the right direction (and aiding the prevention of antibiotic resistance). Eucalyptol, Hyssop and Myrrh have a phlegm dissolving/diluting effect. Hyssop has an antibacterial effect and Satureja hortensis antibacterial, antifungal as well as antiviral. Hyssop also helps to soothe coughs.

Plus points

- large antimicrobiological action
- alternative and natural antibiotic (less resistance)
- immediate effect due to essentials oils
- refreshing feeling in mouth

Recommended use

Adults and from the age of 12 years old: up to 9 capsules per day, to be taken spread throughout the day or as prescribed.

Children from the age of 6 years old: up to 3 soft capsules per day, to be taken throughout the day or as prescribed.

Let the soft capsule melt on the tongue.

Galenic form

Soft capsules

Additional product information



Composition

1 tablet contains:

D glucosamine sulphate 2 KCL 995 mg
= *D glucosamine sulphate 750 mg*
from the armour of crustaceans

Excipients:

cellulose (filling agent) – calcium phosphate (filling agent) -magnesium stearate (lubricant) – siliciumdioxide (filling agent) – titandioxide (colour agent) – maltodextrine (filling agent)

Does not contain preservatives, lactose, gelatine, flavours, saccharose or gluten

2.34 Pro Cartilago Glucosamine

Field of application

Pro Cartilago Glucosamine can be used to support the treatment of:

- arthrosis
- arthritis (advanced stadium)
- inflammation of tendons and ligaments
- rheumatic wearing due to intensive sport

Description

Pro Cartilago Glucosamine contains a daily dose of glucosamine, as a building block for cartilage. Glucosamine is used to combat arthrosis (wear and tear of joint cartilage). Cartilage consists of a network of cartilage cells, collagen and proteoglycans. Glucosamine has been used for the production of proteoglycans for a long time, but recent in vitro research also indicated a contribution to the production of collagen, in cartilage, tendons as well as ligaments. This is why it is so successful in combating tendon and ligament injuries.

Plus points

- sulphate form with a good biological availability
- tablet with a sufficient high dosage of 750 mg: 2 tablets a day suffice for the effective dose
- contains the sulphate form of glucosamine as a source of sulphur (sulphur supports the construction of cartilage)

Recommended use

1 tablet per 35kg of body weight or as prescribed.
adults (\pm 70kg): 2x1 tablet per day during meals, with a big glass of water or as prescribed.
children from the age of 6 years old: 1 tablet per day during meals with a big glass of water or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

D glucosamine sulphate 2 KCL 2000 mg
= *D glucosamine sulphate 1500 mg*
from the armour of crustaceans
manganese gluconate.....40 mg

Excipients:

cellulose (filling agent) – hydroxypropyl
methylcellulose (filling agent) -
magnesiumstearate (lubricant) –
siliciumdioxide (filling agent) – titan-
dioxide (colour agent) – maltodextrine
(filling agent)

*Does not contain preservatives, lactose,
gelatine, flavours, saccharose or gluten*

**2.35 Pro Cartilago Glucosamine
one a day**

Field of application

Pro Cartilago Glucosamine one a day can be used to support the treatment of:

- arthrosis
- arthritis (advanced stadium)
- inflammation of tendons and ligaments
- rheumatic wearing due to intensive sport

Description

Pro Cartilago Glucosamine on a day contains a daily dose of glucosamine, as a building block for cartilage. Glucosamine is used to combat arthrosis (wear and tear of joint cartilage). Cartilage consists of a network of cartilage cells, collagen and proteoglycans. Glucosamine has been used for the production of proteoglycans for a long time, but recent in vitro research also indicated a contribution to the production of collagen, in cartilage, tendons as well as ligaments. This is why it is so successful in combating tendon and ligament injuries.

Plus points

- one tablet daily, conform to scientific studies
- sulphate form with a good biological availability
- with manganese as co-factor for the construction of cartilage
- contains the sulphate form of glucosamine as a source of sulphur (sulphur supports the construction of cartilage)

Recommended use

adults (\pm 70kg): 1 tablet per day during meals, with a big glass of water or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 pastille contains:

Echinacea purpurea.....	65 mg
<i>Echinecea standardised dry extract</i>	
Vitamin C (ascorbic acid).....	50 mg
Drosera rotundifolia.....	25 mg
<i>Sundew standardised dry extract</i>	
Zinc (as aminochelate).....	15 mg
Sambucus nigra.....	15 mg
<i>Elderberry standardised dry extract</i>	
Propolis dry extract.....	10 mg

Excipients:

sorbitol (sweetner) / maltodextrine (filling agent) – flavour - cellulose (filling agent) - silicium dioxide (filling agent) - magnesiumstearate (lubricant) - sucralose (sweetner) - thaumatin (sweetner).

Does not contain preservatives, lactose, gelatine, saccharose or gluten

2.36 Profoli +

Field of application

Profoli + can be used to support the treatment of:

- sore throat
- reduced immunity
- infection of the gums
- infection in mouth and throat

Description

The Profoli + pastille has antiviral, antibacterial and immunity stimulating potential. Propolis and zinc form the antimicrobial ingredients to relieve mouth and throat infections. The trio zinc, vitamin C and Echinacea purpurea support the immune system, and are known for their beneficial influence on infections of the upper airways.

Drosera rotundifolia is mildly cough relieving, the blossom of sambucus nigra has a sweat expelling effect in the event of fever.

Plus points

- supports the immune system
- enjoyable taste & sugar free
- effective treatment for sore throat

Recommended use

1 to 8 pastilles per day

Acute adults: 6 to 8 pastilles per day or as prescribed.

Acute children till 12 years old: 1 to 4 pastilles per day or as prescribed.

maintenance adults: 2 pastilles per day or as prescribed.

maintenance children till 12 years old: 1 pastille per day or as prescribed.

Galenic form

Pastille

Additional product information



Composition

2,5 ml contains:

Fish oil.....2,28 g
 18% eicosapentaenoic acid (EPA)
 12% docosahexaenoic acid (DHA)
 Vitamin E..... 15 mg

Excipients:
 Lemonflavour

Does not contain preservatives, lactose, saccharose or gluten

Recommended use

Adults and from the age of 12 years old:
 2,5 ml to 5 ml (with measuring cup) per day between meals or as prescribed (max 15 ml/day).
 The fish oil can be mixed with cold food (yoghurt, vegetables, dressing, pasta)

2.37 Pufan₃ Essential Liquid

Field of application

Pufan₃ Essential Liquid can be used to support the treatment of:

- secondary prevention of coronary infarct
- prevention of atherosclerosis
- repair of the omega 6/omega 3 imbalance in the consumed food
- slimming, weight control
- elevated triglyceride amount (from 7,5 till 15 ml per day)
- elevated blood pressure (from 12,5 ml per day)
- chronic inflammation (from 10 ml per day)

Description

Pufan₃ Essential is a safe source of fish oil (without mercury, PCBs, benzopyrenes, dioxins). Fish oil contributes to the relief of chronic infection (e.g. skin, lungs, intestinal mucosa, joints and brain (ADHD)). Fish oil also stimulates cardiovascular health. In a dose of 5 ml/day this fish oil meets recommendations of the American Heart Association (AHA) in the secondary prevention of cardiovascular diseases. In the primary prevention of cardiovascular diseases the AHA advises people to eat oily fish twice a week. For the sake of variety (or due to the increased risk of contaminants from oily fish) one portion of fish can be replaced by 5 ml of this fish oil.

Plus points

- suitable for persons that prefer not to swallow soft capsules
- easy dosage
- vitamin E added as antioxidant, to protect the omega 3 fatty acids
- minimum conform with EU – regulation on peroxidation, mercury, PCB's and dioxins

Galenic form

Liquid fish oil with lemon taste

Additional product information

CARDIO	IMMUNO	PNEUMO	GASTRO
DERMATO	OFTALMO	MOVEMENT	

Composition

1 soft capsule contains:

Fish oil.....1000 mg
 330 mg eicosapentaenoic acid (EPA)
 220 mg docosahexaenoic acid (DHA)
 Vitamin E.....10 mg

Excipients:
 glycerine (filling agent) – gelatine –
 glycerol (filling agent)

Does not contain preservatives, lactose, saccharose or gluten

Recommended use

Adults and from the age of 12 years old:
 1 to 2 soft capsules per day between meals or as prescribed.

2.38 Pufan₃ Essential Soft caps

Field of application

Pufan₃ Essential Soft caps can be used to support the treatment of:

- secondary prevention of coronary infarct
- prevention of atherosclerosis
- repair of the omega 6/omega 3 imbalance in the consumed food
- slimming, weight control
- elevated triglyceride amount (from 4 to 8 soft capsules per day)
- elevated blood pressure (from 6 to 7 soft capsules per day)
- chronic inflammation (from 6 soft capsules per day)

Description

Pufan₃ Essential is a safe source of fish oil (without mercury, PCBs, benzopyrenes, dioxins). Fish oil contributes to the relief of chronic infection (e.g. skin, lungs, intestinal mucosa, joints and brain (ADHD)). Fish oil also stimulates cardiovascular health. In a dose of 5 ml/day this fish oil meets recommendations of the American Heart Association (AHA) in the secondary prevention of cardiovascular diseases. In the primary prevention of cardiovascular diseases the AHA advises people to eat oily fish twice a week. For the sake of variety (or due to the increased risk of contaminants from oily fish) one portion of fish can be replaced by 5 ml of this fish oil.

Plus points

- vitamin E added as antioxidant, to protect the omega 3 fatty acids
- minimum conform with EU – regulation on peroxidation, mercury, PCB's and dioxins
- packed in blisters to prevent a minimum of oxygen to get to the soft capsules (to prevent peroxidation)

Galenic form

Soft capsules

Additional product information

CARDIO	IMMUNO	PNEUMO	GASTRO
DERMATO	OFTALMO	MOVEMENT	

Composition

2,5 ml contains:

Fish oil.....2,28 g
 18% eicosapentaenoic acid (EPA)
 12% docosahexaenoic acid (DHA)
 Vitamin E.....15 mg

Excipients:
 Tutti frutti flavour

Does not contain preservatives, lactose, saccharose or gluten

2.39 Pufan₃ Kids

Field of application

Pufan₃ Kids can be used to support the treatment of:

- development of the brain function and the visual function
- behaviour and development disorders (ADHD, dyslexia, dyspraxy)
- crohn's disease (additional to standard medication)
- asthmatic symptoms
- concentration disorder

Description

Pufan₃ Kids is a safe source of fish oil (without neurotoxic methylmercury, dioxins, PCB's, benzopyrenes) for consumption by children. Fish oil supports optimal intellectual development in children (DHA), eyesight (DHA) and optimal behaviour (EPA). Children with a family history of type 1 diabetes, hyperlipidemia or asthma are advised to start taking the supplement from the age of one to benefit from a favourable effect in the event of these inconveniences

Plus points

- suitable for children that prefer not to swallow soft capsules
- enjoyable tutti frutti flavour for children
- easy dosage
- vitamin E added as antioxidant, to protect the omega 3 fatty acids
- minimum conform with EU – regulation on peroxidation, mercury, PCB's and dioxins

Recommended use

Children from the age of 1 year old: 2,5 ml (with measuring cup) per day between meals or as prescribed.

Children from the age of 12 years old: till 15 ml (with measuring cup) per day between meals or as prescribed.

The fish oil can be mixed with cold food (yoghurt, vegetables, dressing, pasta).

Galenic form

Liquid fish oil with tutti frutti taste

Additional product information



Composition

1 soft capsule contains:

Fish oil.....1050 mg
 264 mg eicosapentaenoic acid (EPA)
 351 mg docosahexaenoic acid (DHA)
Vitamin E.....10 mg

Excipients:
glycerine (filling agent) – gelatine –
glycerol (filling agent)

*Does not contain preservatives, lactose,
saccharose or gluten*

2.40 Pufan₃ Pregnancy

Field of application

Pufan₃ Pregnancy can be used to support the treatment of:

- foetal development and allergy prevention in the baby during pregnancy
- prevention of early birth
- prevention of postnatal depression
- breastfeeding period (supporting the IQ and vision development of the baby)
- infertility

Description

Pufan₃ Pregnancy is a safe source of omega-3 fatty acids (without neurotoxic methylmercury, dioxins, PCB's) for consumption by women who want to get pregnant, during pregnancy and during lactation. The composition is in accordance with the recommendation of an international group of scientists who state that the minimum daily intake of EPA should be 220 mg, and pregnant and nursing women should take 300 mg DHA/day [Ref. Simopoulos AP et al., 2000].

Plus points

- vitamin E added as antioxidant, to protect the omega 3 fatty acids
- minimum conform with EU – regulation on peroxidation, mercury, PCB's and dioxins
- packed in blisters to prevent a minimum of oxygen to get to the soft capsules (to prevent peroxidation)
- adapted to the needs of the pregnant woman and the breastfeeding woman

Recommended use

1 soft capsule per day between meals or as prescribed. From the pregnancy wish and including breastfeeding period

Galenic form

Soft capsules

Additional product information



Composition

1 soft capsule contains:

Fish oil.....1000 mg
700 mg eicosapentaenoic acid (EPA)
70 mg docosahexaenoic acid (DHA)
Vitamin E.....10 mg

Excipients:
glycerine (filling agent) – gelatine –
glycerol (filling agent)

*Does not contain preservatives, lactose,
saccharose or gluten*

2.41 Pufan₃ Psy

Field of application

Pufan₃ Psy can be used to support the treatment of:

- major depression*
- bipolar depression* (supports the depressive phase)
- schizophrenia*
- anorexia nervosa
- aggressive behaviour
- behaviour and development disorders

* as add-on treatment with anti depressives, mood-stabilizes and anti psychotics

Description

Pufan₃ Psy is safe source of highly concentrated EPA, an omega-3 fatty acid from fish oil (without mercury, dioxins, PCBs, benzopyrenes). In countries where more omega-3 fatty acids are consumed, the number of depressions (nine country study) and suicides (26 country study) is considerably lower than in countries with a low omega-3 consumption. Monitored studies in depressed patients indicate that DHA on its own or an excess of DHA compared to EPA are not successful; treatment with pure EPA is. Formulations with an excess of EPA compared to DHA also indicate the best improvement of complaints regarding ADHD, dyslexia and dyspraxia.

Plus points

- vitamin E added as antioxidant, to protect the omega 3 fatty acids
- minimum conform with EU – regulation on peroxidation, mercury, PCB's and dioxins
- packed in blisters to prevent a minimum of oxygen to get to the soft capsules (to prevent peroxidation)
- contains highly concentrated omega 3 fish oil

Recommended use

Adults and from the age of 12 years old: 1 soft capsule per day between meals or as prescribed.

Galenic form

Soft capsules

Additional product information



Composition

1 capsule contains:

- Rhamnus frangula.....100 mg
Buckthorn (bark) dry extract
- Rheum officinalis.....100 mg
Rhubarb (root) dry extract
- Angelica archangelica.....100 mg
Angelica (root) dry extract
- Tamarindus indica.....100 mg
Tamarind (fruit) dry extract
- Aloe vera.....50 mg
Aloe (leaves) dry extract

Excipients:

- cellulose (filling agent) – siliciumdioxide
- (filling agent) – magnesium silicate
- (filling agent) – magnesiumstearate
- (lubricant)

Does not contain preservatives, lactose, flavours, saccharose or gluten

2.42 Purgan

Field of application

Purgan can be used to support the treatment of:

- constipation
- supports a regular/normal stool

Description

Purgan is used for treatment of constipation. Rheum officinale supports the normal stack of moisture, this has a positive effect on the volume of the intestines. Tamarindus indica softens the volume (gel action). Frangula alnus and Aloe ferox act as natural laxatives; besides this they stimulate the movement of the intestines and colon.

Plus points

- contains no senna
- high effectiveness (synergetic formula)

Recommended use

Adults and from the age of 12 years old: 1 to 2 capsules per day during meals or as prescribed.

Galenic form

Capsules

Additional product information



Composition

1 soft capsule contains:

Fish oil.....	1000 mg
18% eicosapentaenoic acid (EPA)	
12% docosahexaenoic acid (DHA)	
Co-enzyme Q10.....	30 mg
Vitamin E.....	10 mg

Excipients:

glycerine (filling agent) – gelatine –
glycerol (filling agent) – beta carotene
(colour agent) – titan dioxide (colour
agent)

*Does not contain preservatives, lactose,
saccharose or gluten*

2.43 Q10 Epa

Field of application

Q10 Epa can be used to support the treatment of:

- loss in vitality
- fatigue of muscle (heart and skeleton muscle)
- diminished amounts of Q10 (from the age of 35 years)*
- oxygen transport and energy production

*when medicines are used that diminish the amount of Q10 or affect the integrity of mitochondria

Description

Q10-Epa is a Q10 course of treatment. Q10 is the speed determining cofactor for cellular energy production (ATP production in the mitochondria). The Q10 level content in food is low and from the age of 20 the Q10 supply in our body drops steadily. At the age of 35 the Q10 levels of the heart and kidneys has dropped by ±30%. This is the ideal age to start taking a Q10 supplement. Fish oil was added to the capsule for two reasons: as an oil basis for better intake of Q10 from the bowel, and due to the omega-3 fatty acids that stimulate the blood circulation of the tissues (protection of blood vessels).

Plus points

- fish oil in oil bases: better flow through the tissues
- fish oil from cold pression standardised on 18% EPA and 12% DHA
- packed in blisters to prevent a minimum of oxygen to get to the soft capsules (to prevent peroxidation)
- contains highly concentrated omega 3 fish oil

Recommended use

Adults:

Maintenance doses: 1 soft capsule per day per day with a large glass of water between meals or as prescribed.
Cure doses: 2 to 3 soft capsule per day per day with a large glass of water between meals or as prescribed.

Galenic form

Soft capsules

Additional product information



Composition

1 tablet contains:

D glucosamine sulphate 2 KCL 300 mg
from the armour of crustaceans
Ribes nigrum.....300 mg
Black currant (leaves) dry extract

Excipients:

cellulose (filling agent) – calcium phosphate (filling agent) – sodium carboxymethylcellulose (filling agent) - silicium dioxide (filling agent) – poly-dextrose (lubricant) – hydroxypropyl methylcellulose (filling agent) – titan dioxide (colour agent) – iron oxide (colour agent)

Does not contain preservatives, gelatine, flavours, saccharose, lactose or gluten

2.44 Rifen

Field of application

Rifen can be used to support the treatment of:

- rheumatic diseases attended with pain
- arthrosis
- osteoarthritis
- muscles and joints
- fractured muscles
- lower backpain

Description

Rifen contains glucosamine and a leaf extract of Ribes nigrum, which stimulates the adrenal glands, thus having an anti-inflammatory effect. This supplement was created as a fast relief of symptoms (pain control) for arthrosis, before possibly switching to a supplement with glucosamine on its own. It can take 2-3 months before the pain relieving effect of glucosamine starts taking effect (on average eight weeks). This is why it is advisable to combine Pro Cartilago with Rifen for the first three months, thus benefiting from the cartilage protecting effect of glucosamine, while the Ribes nigrum extract from Rifen keeps the pain under control a lot sooner (after 1 to 2 weeks).

Plus points

- unique combination of a plant extract of Ribes nigrum and glucosamine from the armour of crustaceans
- sulphate form of glucosamine with a good biological availability
- no stomach disorder

Recommended use

Adults and from the age of 12 years old: 2 x 2 tablets per day during meals or as prescribed.

In acute pain the normal doses can be doubled in the first treatment period (+/- 2 weeks): 8 tablets per day during meals or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

- Ballota nigra.....320 mg
Black horehound (herb) standardised dry extract
- Crataegus oxyacantha.....200 mg
Hawthorn standardised dry extract (1,2% apigenine)
- Matricaria chamomilla.....160 mg
Chamomile standardised dry extract
- Vitamin B6.....2 mg
- Vitamin B2.....1,6 mg
- Vitamin B1.....1,4 mg

Excipients:

- cellulose (filling agent) – starch (filling agent) – calcium phosphate (filling agent) - silicium dioxide (filling agent) – shellac (filling agent) – talc (filling agent) - hydroxypropyl methylcellulose (filling agent) – iron oxide (colour agent) – polydextrose (filling agent) – fractionated coconut oil (lubricant)

Does not contain preservatives, gelatine, flavours, saccharose, lactose or gluten

2.45 Seda Day

Field of application

Seda Day can be used to support the treatment of:

- fear/stress
- weak nerves
- stress
- weak nerve system
- temper

Description

Seda Day is a vegetable complex with vitamins that can be used to feel more relaxed during periods of nervousness. The combination of Matricaria chamomilla & Eschscholzia californica (also promotes sleep) with Crataegus oxyacantha (heart tonic) are useful against anxiety. Matricaria chamomilla induces a lower production of cortisol (stress hormone). In some people chronic stress induces anaerobic metabolism (= without oxygen), which expresses itself in increased lactic acid production (and consequently fatigue). This is why three important vitamins (B1, B2 and B6) were added to this supplement, which support aerobic metabolism (= with oxygen). Seda Day is also useful in the treatment of shingles (zona).

Plus points

- unique combination of 4 synergic plants
- highly dosed and standardised extracts with maintenance of matrix
- not addictive or narcotic

Recommended use

1 to 2 tablets per day before meals or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

- Eschscholzia californica225 mg
California poppy standardised dry extract
- Ballota nigra.....225 mg
Black horehound standardised dry extract
- Hypericum perforatum.....150 mg
St Johnswort standardised dry extract

Excipients:

- cellulose (filling agent) – starch (filling agent) – calcium phosphate (filling agent) - silicium dioxide (filling agent) – shellac (filling agent) – talc (filling agent) - hydroxypropyl methylcellulose (filling agent) – iron oxide (colour agent) – polydextrose (filling agent) – fractionated coconut oil (lubricant) – titan dioxide (colour agent)

Does not contain preservatives, gelatine, flavours, saccharose, lactose or gluten

2.46 Seda Night

Field of application

Seda Night can be used to support the treatment of:

- insomnia
- difficulties to sleep on

Description

Seda Night is a vegetable mix that aids getting to sleep, getting through the night calm and relaxed and waking up feeling good. St John's wort influences nightly melatonin levels (= sleep hormone), and gives a euphoric effect when waking.

Plus points

- not addictive
- highly dosed, standardised plant extracts
- does not contain valerian (addictive, problems with standardisation,...)

Recommended use

1 to 2 tablets per day 1 hour before going to sleep or as prescribed.

Temporary double doses is allowed.

Dosage for children from the age of 6 years old: 1 tablet per day 1 hour before going to sleep or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

Uncaria tomentosa.....750 mg
Cat's claw dry extract (bark)
Standardised on 22,5 mg oxindolic alkaloids and 112,5 mg polyphenols

Excipients:
 cellulose (filling agent) – magnesium stearate (lubricant)

Does not contain preservatives, lactose, gelatine, flavours, saccharose or gluten

2.47 Uncaria Pro

Field of application

Uncaria Pro can be used to support the treatment of:

- reduced immune system
- herpes
- auto-immune diseases

Description

Uncaria Pro is a standardised extract of Uncaria tomentosa (Cat's Claw), a plant with immune modulating properties. There are many possibilities for use: viral infections (e.g. cold virus, herpes), bacterial infections (e.g. intestines), leukopenia, CFS, Lyme disease, arthrosis, rheumatoid arthritis, etc. There is concern about current medication for TNF (Tumour Necrosis Factor), due to an increased risk of developing serious infections. Cat's Claw can also be used for TNF, but contains elements that support the immune system so the infections do not break through.

Plus points

- Uncaria Tomentosa: dry extract standardized on alkaloids and polyfenols
- sufficiently dosed: 750mg per dividable tablet

Recommended use

1 to 3 tablets per day before meals or as prescribed.

Galenic form

Tablets

Additional product information

GASTRO	PSYCHIA	IMMUNO	PNEUMO
URO	ANDRO	MOVEMENT	

Composition

1 capsule contains:

Morus alba.....	200 mg
<i>White mulberry (fruit) standardized dry extract</i>	
Lactoferrine.....	200 mg
Echinacea angustifolia.....	117,5 mg
<i>Echinacea (root) dry extract</i>	
Echinacea purpurea.....	97,5 mg
<i>Echinacea (root&herb) dry extract</i>	
Echinacea pallida.....	35 mg
<i>Echinacea (root) dry extract</i>	

Excipients:
magnesium-stearate (lubricant)

Does not contain preservatives, lactose, flavours, saccharose or gluten

2.48 Uri Fem

Field of application

Uri Fem can be used to support the treatment of:

- acute urinary tract infections
- prevention of urinary tract infections
- for a healthy urinary tract and bladder

Description

Uri Fem keeps the urinary passages and bladder clean. Morus alba prevents the attachment of bacteria in a non-specific way (e.g. E. coli) on the bladder wall and urinary passages. Lactoferrine and the three types of Echinacea stop the growth and activity of bacteria and also stimulate the immune system. The latter offers an additional possibility of elimination against infecting micro-organisms.

Plus points

- multifunctional immune regulation
- synergy of 3 echinacea species
- aspecific inhibition on E coli attachment to the bladder

Recommended use

From the age of 6 years old: 1 capsule per day before breakfast or as prescribed.
 From the age of 12 years old: 1 to 2 capsules per day before meals or as prescribed.
 Adults (and from the age of 18 years old): 1 to 3 capsules per day before meals or as prescribed.
 Acute: 3 capsules per day during 5 days
 Chronic: 1 capsule per day
 When necessary this product can be used in a cure over a period of 12 weeks, to be repeated when taking a break of 2 weeks.

Galenic form

Capsules

Additional product information



Composition

1 tablet contains:

Betaine HCl	15 mg	Biotine	6,6 µg
Bromelaïne	6,6 mg	Calcium	33 mg
Choline	66,6 mg	Iodine	10 µg
Folic acid	26,6 µg	Copper	300 µg
Chromium	6,6 µg	MSM	25 mg
Inositol	10 mg	PABA	33 mg
Potassium	33 mg	SOD	10 mg
Copper	300 µg	Pectine	6,6 mg
Lecithine	13,3 mg	Fibres	26,7 mg
Linseed	3,3 mg	Zinc	6,6 mg
Lipoic acid	5 mg		
L-Cysteine	50 mg		
Magnesium	33 mg		
Manganese	1,3 mg		
Selenium	10 µg		
Vitamin A	75 µg		
Vitamin B1	14 mg		
Vitamin B2	10 mg		
Vitamin B3	30 mg		
Vitamine B5	30 mg		
Vitamin B6	17 mg		
Vitamin B12	66,6 µg		
Vitamin C	200 mg		
Vitamin D	1,175 µg		
Vitamin E	23,1 mg		
Citrus aurantium dry extract	10 mg		
Allium sativum (garlic) dry extract	6,6 mg		
Trans-resveratrol	500 µg		

Excipients:

cellulose (filling agent) – sodium carboxy methylcellulose (filling agent) – silicium dioxide (filling agent) – hydroxypropyl methylcellulose (filling agent) – iron oxide (colour agent) – polydextrose (filling agent) – titan dioxide (colour agent)

Does not contain preservatives, gelatine, flavours, saccharose, lactose or gluten

2.49 Vascu Drain

Field of application

Vascu Drain can be used to support the treatment of:

- poor condition of blood vessels
- atherosclerosis

Description

Vascu Drain is a total formula for the care of blood vessels thanks to the mix of antioxidants, mineral cofactors and the body's own antioxidant systems, nutrients that help drop the homocysteine level (betaine HCl, folic acid, vitamin B6 and vitamin B12), nutrients with a positive effect on fat metabolism, a balanced provision of minerals and electrolytes, nutrients preventing blood clots and MSM that fortifies the blood vessel wall.

Plus points

- total package which takes care of heart and blood vessels
- contains many anti-oxidants: trans-resveratrol, lipoic acid, SOD and selenium
- contains homo cysteine reducers (folic acid, vitamin B12, vitamin B6)
- contains vitamin E (elasticity of blood vessels) and vitamin C (collagen)

Recommended use

Adults and from the age of 12 years old: 4 to 6 tablets per day during meals or as prescribed. For every 10 years, a vascular cleaning program is followed for one month (max 6 months). A cure contains of 6 to 10 tablets per day during meals (for example 3 at breakfast, 3 at lunch and 4 at dinner). After a cure it is recommended to take 2 to 4 tablets (as maintenance dose) per day or as prescribed.

Galenic form

Tablets

Additional product information

CARDIO

Composition

1 tablet contains:

Vitis vinifera.....	300 mg
<i>Wine grape standardized dry extract contains min. 150mg gallic acid eq.</i>	
Vitamin B3.....	200 mg
L-Arginine.....	150 mg
Glycine max.....	60 mg
<i>Soy bean standardized extract contains min. 12mg daidzeine</i>	
Vitamin C.....	50 mg
Fish oil powder.....	50 mg
<i>10mg eicosapentanoenic acid (EPA) 25mg docosahexanoenic acid (DHA)</i>	
Vitamin E.....	30 mg
Vitamin B6.....	6 mg
Folic acid.....	250 µg
Vitamin B12.....	200 µg
Lavandula officinalis.....	24 mg
<i>Lavender dry extract</i>	

Excipients:

cellulose (filling agent) – sodiumcarboxy
methylcellulose (filling agent) – calcium
phosphate (filling agent) - silicium
dioxide (filling agent) – hydroxypropyl
methylcellulose (filling agent) – iron
oxide (colour agent) – titan dioxide
(colour agent) – polydextrose (filling
agent)

*Does not contain preservatives, gelatine,
flavours, saccharose, lactose or gluten*

2.50 Vasovin

Field of application

Vasovin can be used to support the treatment of:

- maintenance of a strong vessel wall
- maintenance of elastic blood vessels
- in case of an elevated CRP and fibrogen
- varicose vein

Description

Vasovin is considered as the 'natural' polypill than can be used in the prevention of cardiovascular diseases. It is recommended for all people aged fifty and over. This mix of ingredients is inspired by the traditional Mediterranean and Asian diet, as well as the French paradox: the French eat a lot of cholesterol and saturated fats, yet their cardiovascular mortality rate is low. This protection is attributed to drinking red wine during a meal. This is why Vasovin contains a highly standardised extract of wine polyphenols (without the alcohol!).

Plus points

- unique combination of synergic active ingredients
- contains standardised Vitis vinifera extract (gallic acid equivalents)
- contains standardised fish oil (EPA and RDA)
- contains standardised soy extract (daidzeine)

Recommended use

1 to 2 tablets per day during meals or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

Betaine HCl	15 mg	Biotine	450 µg
Bioflavones	10 mg	Zinc	15 mg
Choline	70 mg	Iodine	22,5 µg
Folic acid	200 µg	Copper	625 µg
Chromium	125 µg	Fibres	30 mg
Lipoic acid	5 mg	PABA	40 mg
L-Cysteine	25 mg	Pectine	10 mg
Copper	300 µg	Taurine	50 mg
Lecithine	15 mg	Inositol	50 mg
Linseed	5 mg		
Bromelaine	10 mg		
Manganese	2 mg		
Selenium	20 µg		
Molybdene	150 µg		
L carnitine	15 mg		
Vitamin A	250 µg		
Vitamin B1	4,2 mg		
Vitamin B2	4,8 mg		
Vitamin B3	25 mg		
Vitamine B5	18 mg		
Vitamin B6	6 mg		
Vitamin B12	3 µg		
Vitamin C	180 mg		
Vitamin D	1,5 µg		
Vitamin E	30 mg		
Coenzyme Q10		10 mg	
Eleutherococcus senticosus		10 mg	
<i>Siberian ginseng dry extract</i>			
Origanum vulgare		6,6 mg	
<i>Wild oregano dry extract</i>			
Turnera aphrodisiaca		25 mg	
<i>Damiana dry extract</i>			

Excipients:

cellulose (filling agent) – calcium phosphate (filling agent) – sodium carboxy methylcellulose (filling agent) – silicium dioxide (filling agent) – shellac (filling agent) – talc (filling agent) – magnesiumstearate (filling agent) - hydroxypropylmethylcellulose (filling agent) – iron oxide (colour agent) – fractionated coconut oil (lubricant) – titan dioxide (colour agent) – polydextrose (filling agent)

Does not contain preservatives, gelatine, flavours, saccharose, lactose or gluten

2.51 Vitaglobal

Field of application

Vitaglobal can be used to support the treatment of:

- vitamins deficiency
- vitality deficiency
- fatigue
- illness

Description

Vitaglobal is a widely formulated complex of vitamins, micronutrients and antioxidants, supplemented by bio-active vegetable substances. This multivitamin support general health and vitality, and supplements a lack of vitamins.

Plus points

- contains vitamins, antioxidants and bio-active vegetable ingredients (complete formula)
- contains no iron (iron supplements are often not wanted and iron can cause obstipation)

Recommended use

1 tablet per day during meals or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

Calcium (as amino chelate)	114,4 mg
Magnesium (as amino chelate)	43,4 mg
Chrysanthellum americanum	40 mg
<i>Chrysanthellum dry extract</i>	
Vitamin C (ascorbic acid)	30 mg
Eleutherococcus senticosus	30 mg
<i>Siberian ginseng dry extract</i>	
Vitamin B3	27 mg
Ginkgo biloba	20 mg
<i>Maidenhair tree (leaf) dry extract standardised on 24% flavon glucosides and 6% terpeen lactones contains max 5 ppm ginkgolic acids</i>	
Algaecal	20 mg
<i>11,2 mg Ca and 3,2 mg Mg</i>	
Chromium (as amino chelate)	18,75 µg
L carnitine	15 mg
Vitamin E	12,5 mg
Zinc (as amino chelate)	7,5 mg
Coenzyme Q10	5 mg
Bioflavons complex	4 mg
Carotenoids complex	4 mg
Vitamin B6	3 mg
Vitamine B5	2,5 mg
Vitamin B2	2,4 mg
Vitamin B1	2,1 mg
Policosanols	0,75 mg
Copper (as amino chelate)	0,5 mg
Vitamin M (folic acid)	200 µg
Selenium (as amino chelate)	50 µg
Iodine (as amino chelate)	22,5 µg
Vitamin D3	2,5 µg
Vitamin B12	1,5 µg

Excipients:

cellulose (filling agent) – silicium dioxide (filling agent) – shellac (filling agent) – talc (filling agent) – magnesiumstearate (filling agent) – hydroxypropylcellulose (filling agent) – iron oxide (colour agent) – glycerine (lubricant) – polyfructose (filling agent) – titan dioxide (colour agent)

Does not contain preservatives, gelatine, flavours, saccharose, lactose or gluten

2.52 Vit Xtra 45+

Field of application

Vit Xtra can be used to support the treatment of:

- vitality during aging
- health of 45+ (eyes, memory, heart and blood vessels)
- addition of vitamins and minerals
- anti-aging

Description

Vit Xtra 45+ is a widely formulated complex of vitamins, minerals and specific plants, tuned to the needs of those aged 45 and over. This multivitamin keeps their health up so they feel physically as well as mentally fitter. Eye structures, memory and blood vessel condition are kept healthy thanks to the supportive nutrients in this complex.

Plus points

- user friendly (all in 1)
- contains vitamins and minerals as well as a diversity of plants
- amino acid chelates for an optimal absorption of vitamins and minerals
- especially made for the 45+

Recommended use

Adults: 1 to 2 tablets per day during meals or as prescribed.

Galenic form

Tablets

Additional product information



Composition

1 tablet contains:

Zinc (monomethionine).....22,5 mg

Excipients:

cellulose (filling agent) – magnesium stearate (lubricant)

Does not contain preservatives, lactose, gelatine, flavours, saccharose or gluten

2.53 Zink

Field of application

Zink can be used to support the treatment of:

- zinc deficiency
- reduced immunity
- growth disorders
- weak enzymatic function
- liver and pancreatic funtion

Description

Zinc is a well-absorbable form of organic zinc. Zinc is necessary for a proper activity of > 200 enzymes, such as the enzymes that help replicate our cells (growth and repair), the zinc containing enzyme lactate dehydrogenase that is active in physical effort and the SOD that protects us against damage caused by free radicals. Zinc slows down the process of macular degeneration (eyes) and promotes the appetite (important in the event of anorexia). Zinc deficiency affects the immune system and can cause muscle ache and fatigue. Zinc is also important for the sugar level balance (complexates insulin).

Plus points

- supports the immune system en protects the cells
- good absorption
- attached to an essential amino acid (methionine)
- good dosage

Recommended use

Adults and from the age of 12 years old: 1 tablet per day before meals or as prescribed.

Galenic form

Tablets

Additional product information

IMMUNO	VIT & MIN	NEURO	OFTALMO
MOVEMENT			

ANDRO	ANDROLOGIE
CARDIO	CARDIOVASCULAR SYSTEM
DERMATO	DERMATOLOGY
GASTRO	GASTRO INTESTINAL
GYNAECO	GYNAECOLOGY
IMMUNO	IMMUNITY
MOVEMENT	MOVEMENT
NOSE THROAT EAR	NOSE/THROAT/EAR
NEURO	NEUROLOGY
OFTALMO	OFTALMOLOGY
PEDIA	PEDIATRICS
PNEUMO	PNEUMOLOGY

PSYCHIA

PSYCHIATRY

URO

UROLOGY - NEFROLOGY

VIT & MIN

VITAMINS & MINERALS

3. Pathology and scientific domains

ANDRO

ANDROLOGY

PROSTATITIS

Prostian
Uncaria Pro

CARDIO

CARDIOVASCULAR SYSTEM

PREVENTION

Omega 3-6-9
Ortho Detoxica

HEMAROIDES

Hepargan

ATHEROSCLEROSIS

Isopro 40
Vascu Drain
Vasovin

BRADYCARDIA

Magnesium A

TONICUM FOR THE HEART

Eko Q10
Q10-Epa

HYPERCHOLESTEROLEMIA

Epa Forte
Pufan3 Essential Liquid
Pufan3 Essential Soft caps

HYPERTENSION

Fyto Detoxica
Vascu Drain
Vasovin

VARIX

Vasovin
Hepargan

VARIA

Aqua Drain
Iron A
More Energy
Omega 6
Seda Day
Vitaglobal
Vit Xtra 45+

DERMATO

DERMATOLOGY

PREVENTION

Fyto Detoxica
Omega 3-6-9

ACNE

Fyto Detoxica
MSM 1000

DERMATOPHYT

Bifflor Forte
Bifflor Pedia

DRY SKIN

Omega 3-6-9

ECZEMA

MSM 1000

HERPES

Fyto Detoxica

SKIN AGING

Ortho Detoxica

PSORIASIS / URTICARIA

Fyto Detoxica
MSM 1000

VARIA

Epa Forte
Omega 6
Pufan3 Essential Liquid
Pufan3 Essential Soft caps

LOSS OF ELASTICITY OF THE SKIN

Omega 3-6-9

GASTRO

GASTRO INTESTINAL

PREVENTION

Bifflor Forte
Bifflor Pedia
Digest

DIGESTION

Digest

COLITIS ULCEROSA

Uncaria Pro

CONSTIPATION

Normasel
Purgan

DIARRHOEA/TURISTA

Bifflor Forte

PROTECTION OF THE LIVER

Cardus Pro
Hepargan

STOMACH

Digest
Fyto Tranquil

PARASITES

MSM 1000

VARIA

Epa Forte
Fyto Detoxica
Pufan3 Essential Liquid
Pufan3 Essential Soft caps

GYNAECO

GYNEACOLOGY

DISTURBED HORMONAL BALANCE

Fempro

HERPES

Fyto Detoxica

MENOPAUSE / POST-MENOPAUSE

Isopro 40

POSTNATAL DEPRESSION

Pufan3 Pregnancy

VAGINAL DRYNESS

Isopro 40

VARIA

Bifflor Forte
Iron A
Magnesium A
Omega 6

PREGNANCY

Pufan3 Pregnancy



IMMUNITY

LOWER IMMUNITY

Echina Kids
Immunomix
Immuno Pro

EXTRA MAGNESIUM

Magnesium A

EXTRA VITAMINE C

Acerola + C 500

EXTRA ZINK

Zink

COUGH

Bronchiana
Bronchicron

THROAT

Profoli +

BREATHING

Pro Air

VARIA

Bifflor Pedia
Bifflor Forte
Epa Forte
Fyto Detoxica
Ortho Detoxica
Pufan3 Essential Liquid
Pufan3 Essential Soft caps
Uncaria Pro



MOVEMENT

ARTRITIS

Doloflam
Rifen
Omega 3-6-9

ARTROSE

Omega 3-6-9
Pro Cartilago Glucosamine one-a-day
Pro Cartilage Glucosamine

CALCIUM DEFICIENCY

Calcium Global

HERNIA

Doloflam
Pro Cartilage Glucosamine one-a-day
Pro Cartilage Glucosamine
Rifen

RHEUMATISM

Artriophyt forte
MSM 1000
Acid drain

CRAMPS

Magnesium A

LOWER BACKPAIN

Doloflam

OSTEOPOROSE

Isopro 40
Osteo Global

PAINFUL JOINTS

Pro Cartilage Glucosamine one-a-day
Pro Cartilage Glucosamine
Rifen
Doloflam

PREVENTION

Acid drain
Epa forte
Harpagophytum Pro
Pro Cartilage Glucosamine one-a-day
Pro Cartilage Glucosamine

PAINFUL MUSCLES

Acid drain
Fyto detoxica

VARIA

Acerola + C 500
Epa Forte
Omega 6
Pufan3 Essential Liquid
Pufan3 Essential Soft caps
Uncaria Pro
Zink

MEDIAL BAND PROBLEMS (knee)

Pro Cartilago Glucosamine
Pro Cartilago Glucosamine one-a-day



NEUROLOGY

DEMENTION/CONCENTRATION PROBLEMS

Ginkgo Concentra

ADHD

Pufan3 Psy

STRESS / FEAR / TENSION

Fyto Tranquil
Seda Day

SLEEPING PROBLEMS

Seda Night

VARIA

More Energy
Ortho Detoxica
Zink
Migran

**NOSE
THROAT
EAR**

NOSE - THROAT - EAR

ANGINA

Profoli +
Immunomix
Immuno Pro

IMMFLAMATION OF THE MIDDLE EAR

Bronchicron

SINUSITIS

Bronchicron
Immunomix

VARIA

Bronchiana
Echina Kids
MSM 1000
Pro air

OFTALMO

OFTALMOLOGY

PREVENTION

Epa Forte
Omega 3-6-9
Pufan3 Essential Liquid
Pufan3 Essential Soft caps
Pufan3 Kids
Zink

PEDIA

PEDIATRY

ADHD

Pufan3 Kids

DIARRHOEA

Bififlor Pedia

COUGH

Bronchicron

IMMUNITY

Echina Kids

PNEUMO

PNEUMOLOGY

PREVENTION

Immunomix
Immuno Pro
Profoli +

BRONCHITIS

Bronchiana

SHORT BREATHNESS

Bronchiana
Pro Air

INFLUENZA/COLD

Acerola + C 500
Immunomix
Immuno Pro
Echina Kids

COUGH

Bronchiana
Bronchicron

VARIA

Epa Forte
Fyto Detoxica
Ortho Detoxica
Pufan3 Essential Liquid
Pufan3 Essential Soft caps
Pufan3 Psy
Uncaria Pro

PSYCHIA

PSYCHIATRY

PREVENTION

Fyto Tranquil

DEPRESSION

Depraxan

PANIC / FEAR

Seda Day

Seda Night

STRESS

Fyto Tranquil

Seda Day

VARIA

More Energy

Ortho Detoxica

Pufan3 Kids

Pufan3 Psy

Uncaria Pro

URO

UROLOGY EN NEFROLOGY

CYSTITIS / IMMFLAMMATION O/T BLADDER

Uri Fem

PROSTATITIS

Prestain

VARIA

Acid Drain

Aqua Drain

Bififlor Forte

Fyto Detoxica

Uncaria Pro



VITAMINES & MINERALS

ENERGY BOOST

M . Energizer

CFS / FATIGUENESS

More Energy

Q10 SHORTNESS

Q10-Epa

DEFICIENCY OF VITAMINES/MINERALES

Vitaglobal
Vit Xtra 45+

EXTRA CALCIUM

Calcium Global

EXTRA MAGNESIUM

Magnesium A

EXTRA VITAMINE C

Acerola + C 500

EXTRA ZINK

Zink